

**S.H.I.P.S.**  
**A Premier Institution**

**Course of Study for Grade XII (Humanities), 2023-24**

**ENGLISH**

**APRIL**

**Reading:** Reading Passage  
**Writing:** Notice Writing, Invitation Writing  
**Literature: -** The Last Lesson, Lost Spring, My Mother at Sixty Six  
**ASL** Introduction of self, Narration of short story

**MAY**

**Reading:** Reading Passage  
**Writing:** Letter Writing, Article Writing  
**Literature:** Keeping Quiet, The Third Level, The Tiger King

**JULY**

**Reading:** Reading Passage  
**Writing:** Report Writing, Article Writing  
**Literature:** The rattrap, A Thing of Beauty  
**ASL** Listening Activity cum Speaking

**AUGUST**

**Reading :** Reading Passage  
**Writing: -** Revision of Writing Composition  
**Literature:** Journey to the end of the earth  
**ASL** Listening Activity cum Speaking

**SEPTEMBER**

TERM-1 (Revisions)

**OCTOBER**

**Reading :** Reading Passage  
**Writing: -** Writing Practice  
**Literature:** Indigo, A Road Side Stand, Poets and pancakes  
**ASL** Situational Questions

**NOVEMBER:**

**Reading :** Reading Passage  
**Writing: -** Writing Practice  
**Literature:** The Enemy, The Interview  
**ASL** Situational Questions

**DECEMBER**

**Reading :** Reading Passage  
**Writing: -** Writing Practice  
**Literature :** Going Places, On the Face of It, Memories of Childhood, Aunt Jennifer's Tigers  
**ASL** Situational Questions

## PUNJABI

ਅਪ੍ਰੈਲ

ਕਹਾਣੀ - ਸਾਂਝ, ਕਵਿਤਾ - ਟੁਕੜੀ ਜੱਗ ਤੋਂ ਨਿਆਰੀ

ਪੱਤਰ, ਪੈਰਾ ਰਚਨਾ, ਅਖਾਣ (1-15)

ਮਈ

ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਓਹਾਰ, ਪੱਤਰ

ਪੈਰਾ ਰਚਨਾ, ਅਖਾਣ (16-30), ਵਾਕ ਵਟਾਂਦਰਾ

ਜੁਲਾਈ

ਕਵਿਤਾ - ਤਾਜ ਮਹੱਲ, ਕਹਾਣੀ - ਨੀਲੀ

ਵਾਕ ਵਟਾਂਦਰਾ, ਪੱਤਰ

ਅਗਸਤ

ਪੰਜਾਬ ਦੇ ਰਸਮ ਰਿਵਾਜ, ਕਵਿਤਾ - ਚੁੰਮ ਚੁੰਮ ਰੱਖੋ

ਪੱਤਰ, ਪੈਰਾ ਰਚਨਾ

ਸਤੰਬਰ

Term 1 ਪ੍ਰੀਖਿਆ

**Unit Test-1** : ਕਹਾਣੀ - ਸਾਂਝ, ਕਵਿਤਾ - ਟੁਕੜੀ ਜੱਗ ਤੋਂ ਨਿਆਰੀ, ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਓਹਾਰ, ਪੱਤਰ

ਅਖਾਣ (1-30), ਪੈਰਾ ਰਚਨਾ, ਵਾਕ ਵਟਾਂਦਰਾ

ਅਕਤੂਬਰ

ਕਹਾਣੀ - ਮਾੜਾ ਬੰਦਾ, ਕਵਿਤਾ - ਵਾਰਸ ਸ਼ਾਹ

ਪੈਰਾ ਰਚਨਾ

ਨਵੰਬਰ

ਪੰਜਾਬ ਦੀਆਂ ਲੋਕ ਖੇਡਾਂ

ਕਵਿਤਾ - ਮੇਰਾ ਬਚਪਨ, ਕਹਾਣੀ - ਘਰ ਜਾ ਆਪਣੇ

ਦਸੰਬਰ

ਪੰਜਾਬ ਦੇ ਲੋਕ ਨਾਚ, ਕਵਿਤਾ - ਗੀਤ

ਜਨਵਰੀ

ਦੁਹਰਾਈ

**ਫਰਵਰੀ**

**ਮਾਰਚ**

Term 2 ਪ੍ਰੀਖਿਆ।

## **PHYSICAL EDUCATION**

**APRIL**

- Chapter 1 –Management of Sporting Events
- Chapter 2 – Children & Women in Sports

**MAY**

- chapter 3 - Yoga as Preventive Measures for Lifestyle Disease

**JUNE**

Practical Work

- Brockport Physical Fitness Test
- Athletics

**JULY**

- Chapter 4 – Physical Education and Sports for CWSN
- Chapter 5 –Sports and Nutrition

**AUGUST**

Project File

- Prepare File on Lifestyle Disease:- Obesity, Diabetes, Asthma, Hypertension

**SEPTEMBER**

- Chapter 6 – Test and Measurement in Sports
- Chapter 7 - Physiological and Injuries in Sports

**OCTOBER**

- Chapter 8 –Biomechanics and Sports
- Chapter 9 – Psychology and Sports

**NOVEMBER**

PRACTICAL FILE

- Proficiency in Games and Sports  
(Skill of any one IOA Recognised Sports/ Game of Choice)
- Chapter 10 – Training in Sports

## **POLITICAL SCIENCE**

**APRIL**

Challenges of nation building  
Era of one party dominance

## **MAY**

The end of bipolarity  
New centres of power

## **JULY**

World South Asia  
Politics of planned development  
India's foreign policy

## **AUGUST**

United nations and its organizations  
Parties and party system in India  
Challenges to and restoration of Congress system

## **SEPTEMBER**

Half Yearly Examination

Term-2

## **OCTOBER**

Environment and natural resources  
Democratic Resurgence  
Regional Aspirations

## **NOVEMBER**

Globalization  
Recent developments in Indian Politics

## **BUSINESS ADMINISTRATION**

### **APRIL**

Introduction to Management

### **MAY**

Principles of management

### **JULY**

Functions of Management

### **AUGUST**

Communication, Motivation

### **SEPTEMBER**

Term-1 Examination

### **OCTOBER**

Leadership, Social responsibility of business

### **NOVEMBER**

Information Technology and Business  
Practical

## **ECONOMICS**

Money  
Banking  
Government budget

**APRIL**

Balance of payment  
Foreign Exchange  
National income and its aggregates

**MAY**

Aggregate demand and components, India on the eve of independence  
Liberalisation, Globalisation and privatisation, plans.  
Income determination and multiplier

**JULY**

Comparative development strategies of neighbouring countries  
Human capital formation  
Rural development

**AUGUST**

Unemployment

**SEPTEMBER**

Sustainable Environment

**OCTOBER**

## **SOCIOLOGY**

Unit 2 The Demographic Structure of the Indian Society

**APRIL**

Unit 3 Social Institutions: Continuity and Change

**MAY**

Unit 5 Patterns of Social Inequality and Exclusion

**JULY**

Unit 6 The Challenges of Cultural Diversity

**AUGUST**

Unit 8 structural changes

**SEPTEMBER**

First Assessment Exam.

Unit 9 Cultural Changes

**OCTOBER**

Unit 11 Change and Development in Rural Society

Unit 12 Change and Development in Industrial Society

## **NOVEMBER**

Unit 15 Social Movements

## **DECEMBER**

First Pre BOARD Exam.

## **JANUARY**

Second Pre BOARD Exam.

## **FEBRUARY**

Revision and Final BOARD EXAM

## **INFORMATION TECHNOLOGY**

## **APRIL**

Part B: Unit I: RDBMS Concepts and commands

**Test -1**

## **MAY**

Part B: Unit III: ICT SKILLS

Part A: Unit IV: Entrepreneurial Skills

**Test – 2**

## **JUNE**

**UNIT TEST I (Part A: Unit IV and Part B: Unit I )**

## **JULY**

Part B: Unit I: RDBMS Queries

Part B: Unit III: ICT Skills, Unit V:Green Skills

**Test -3**

## **AUGUST**

Part A: Unit II: Self-Management Skills

**Practical (RDBMS)**

## **SEPTEMBER**

Term I

## **OCTOBER**

Part B: Unit I: Operating Web-Based Applications

Part A: Unit I: Communication Skills

**NOVEMBER**

Revision for Prelims

**Prelims I/Term I**

Part B: Unit IV: Work Integrated learning IT-DMA

**DECEMBER**

Part B: Unit III: JAVA Programming

Part A: Unit I: Communication skills

**JANUARY**

Revision

**FEBRUARY**

**Term II**