

**S.H.I.P.S.**  
**[A Premier Institution]**



**Home Assignment**  
**2024-25**  
**Grade-XII-Humanities**

Name: \_\_\_\_\_

Section: \_\_\_\_\_ Roll. No. \_\_\_\_\_

**Note:**

1. Assignment Marks will be added in the Terminal Assessment.
2. Parents are required to let their child do his/her assignments on his/her own.
3. Use loose sheets if required to perform the task.
4. Best Assignment of the year will be recognised.

**‘Summer Vacation weaves a magic wand over the little world of our kids, everything softer and more beautiful.’**

## **So, Hello Summer!!**

The seven Golden Commandments for an exemplary Summer Vacation [to be followed by Parents Ward Duo].

**a) What about Dining Together?** A family that dines together, stays happy forever.

Feasting together with your ward atleast twice a day will strengthen bonds between you and your ward. They will share with you their innermost desires, once you start this process.

**b) Teaching them Dignity of Labour:** Asking your ward to engage in household chores like cleaning their dishes after meals, assisting maids and house servants, or gardeners or assisting you in cooking and serving food.

**c) Visit to Orphanages:** Instead of visiting malls, which promotes pseudo culture, allow your kids to visit orphanages so that they connect with the lesser fortunate, learn about their plight. Only by seeing the downtrodden, first hand, can they develop ‘Empathy’.

**d) Kinship with Mother Nature:-** In order to develop affinity and accordance with nature, let the kids work in their kitchen garden, let them plant a sapling or a seed in medium sized pot on the first day of summer break. Ask them to nurture it throughout the holiday and to carry to school with their name tags on 11 July, 2018. This sapling will be nurtured by your ward in the school for the next few years. This way they will learn the value of ‘caring’ and also appreciate all that you do for them.

**e) Shun the Indoor Era:** Let them gel with rustic, invigorating natural environment. Let them steer clear of indoor culture which has made them slothful. Let them get dirty, let them bask in natural sunshine, prohibit air conditioners for them.

As Emerson said, “Live in the sunshine, swim the sea, drink the wild air.”

Let your kids be adventurous, wild. Let them be **REAL KIDS FOR A CHANGE.**

**f) Sow in them seeds of Philanthropy and Good Humanitarianism:** Allow them to donate their old, unused stuff to the needy. Teach them to be generous. Let them donate with their own hands, their discarded clothes, stationery, bags, books, bottles, tiffin boxes etc.

So Dear Parents,

**LET HOLIDAY MODE BE  
ACTIVATED**

Holidays are a perfect time to reflect on our blessings and seek out ways to make life better for those around us.

**May Your Days be Merry and Bright**

***Hope You Enjoy a Blissful Bonding with Your Ward.***

***LET THE MEMORIES OF HOLIDAYS LAST FOREVER***



# S.H.I.P.S.

## [A Premier Institution]

### ENGLISH

CLASS XII ENGLISH PROJECT I (2024-25)

#### 1. MARKING SCHEME

The project consists of 10 MARKS. Out of which, 5 MARKS will be allotted for the PROJECT FILE, And remaining 5 MARKS for the VIVA based on the file.

The viva will be conducted by the EXTERNAL/INTERNAL EXAMINER.

#### 2. CONTENT OF THE PROJECT FILE:

The project file may include the following:

**Cover page**, with the title of the project, school details and details of the student

**Certificate of Completion** under the guidance of the teacher (sample will be sent)

**Objectives** of the topic

Action Plan for the completion of assigned tasks (steps involved in doing the Project)

The **800-1000 words essay/report**

**Student reflections** (what new learning experience/outcome you have achieved After completing the project)

If possible, photographs that capture positive learning experience of the students (collages/pics from various online sources)

**List of Resources/Bibliography** (Last page of the project file)

#### INSTRUCTIONS:

✓ Refer to the topics (You can also select different videos available on YouTube, relevant to your topic)

✓ Listen to these podcasts, documentaries, interviews etc. on the given topics

✓ Do a thorough research on the topic assigned

✓ Prepare a report/essay in about 800-1000 words describing the topic/issue/giving your own opinion/suggestions/measures/viewpoints/its impact on people/your learning experience

✓ You can also state the name of various speakers/people (in the given

documentaries/video links), quote them and express their viewpoints

✓The project should be neat, legible, with an emphasis on quality of content, accuracy of information, creative expression, proper sequencing and should be relevant as per your assigned topic

✓PROJECT TO BE DONE ON A4 SHEET.

✓No repetition or copying of project work would be accepted.

✓Please don't share your work with anyone. If the External examiner points out any repetition or copying of the project, the consequences would be severe.

✓No marks will be awarded for a casual approach of completing the project

✓There are 15 topics. Topics are distributed Roll-No Wise

✓Roll no 16 will get topic no 1 and so on...

## TOPICS

Given below is a list of some suggestive topics

- 1.Importance of Mother Tongue
2. Language Chauvinism
3. Lost Childhoods
4. Overcoming Fears (Phobia)
5. Transforming Lives Through Kindness and Empathy
6. Gandhian Principles
7. Film City Departments
8. How to conduct an Interview
9. Fantasy World of a Teenager
10. Care of the Elderly
11. Violence Against Women in India
12. Global Warming: Revelations from Arctic and Antarctic Regions
- 13.How to Overcome Disability
14. Education is Empowerment: Fighting Marginalization in Society
- 15.Impact of Technology on Youth

## ਸੁਝਾਏ ਗਏ ਪ੍ਰੋਜੈਕਟ (SUGGESTED PROJECTS)

1. ਖੁਰਾਕ (ਕਿਸੇ ਇੱਕ ਰਾਜ/ਪ੍ਰਦੇਸ਼ ਆਧਾਰਿਤ)
  2. ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਉਹਾਰ
  3. ਬਜ਼ੁਰਗਾਂ ਦਾ ਘੱਟ ਰਿਹਾ ਸਤਿਕਾਰ (ਕਾਰਨ ਤੇ ਸੁਝਾਅ)
  4. ਕਰੋਨਾ-ਕਾਲ ਸਮੇਂ ਪੇਂਡੂ ਤੇ ਸ਼ਹਿਰੀ ਜੀਵਨ ਦਾ ਅੰਤਰ
  5. ਕਰੋਨਾ-ਕਾਲ ਸਮੇਂ ਆਨ-ਲਾਈਨ ਪੜ੍ਹਾਈ
  6. ਕਰੋਨਾ-ਕਾਲ ਸਮੇਂ ਉਭਰੀ ਲੋਕ-ਸੇਵਾ ਭਾਵਨਾ
  7. ਕਰੋਨਾ-ਕਾਲ ਸਮੇਂ ਪ੍ਰਦੂਸ਼ਣ ਦੀ ਸਥਿਤੀ
  8. ਕਰੋਨਾ-ਕਾਲ ਤੋਂ ਬਾਅਦ ਸਕੂਲਾਂ ਦੀ ਸਥਿਤੀ ਤੇ ਵਿਦਿਆਰਥੀਆਂ ਦਾ ਵਿਹਾਰ
  9. ਵਿਦੇਸ਼ਾਂ ਵਿੱਚ ਜਾਣ ਦੀ ਹੋੜ (ਸ਼ੌਕ, ਮਜ਼ਬੂਤੀ ਜਾਂ ਸਮਾਜਿਕ ਰੁਤਬਾ)
  10. ਸੋਸ਼ਲ ਮੀਡੀਆ ਦਾ ਵੱਧ ਰਿਹਾ ਪ੍ਰਭਾਵ
  11. ਵਿਗਿਆਨੀ (ਸਮਾਜ ਨੂੰ ਦੇਣ)
  12. ਲੇਖਕ (ਸਾਹਿਤਿਕ ਦੇਣ)
  13. ਮਹਾਂਪੁਰਸ਼ (ਜੀਵਨੀ ਤੇ ਉਪਦੇਸ਼)
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# Physical Education

## HOME ASSIGNMENT

### CLASS XII

#### *THEORATICAL WORK*

- Q.1 How Does sports management Contribute to the success of sports events?
- Q.2 List all the committees involved in organizing a tournament and describe the roles of three Committees for ensuring the Smooth Conduct of the event.
- Q.3 As the Sports captain of the School, what are the five essential committes you should establish for organizing a one day run for health, Care and what responsibilities should each Committee have?
- Q.4 League tournament is a better way to judge the best team of the tournament.  
Comments
- Q.5 Draw a fixture of 7 teams according to the staircase method.
- Q.6 Calculate and draw a fixture of 11 Volleyball teams on knockout basis.
- Q.7 Mention all Calculations and steps involved to draw a knock out fixture of 19 teams Where 4 teams are to be seeded.
- Q.8 What is league tournament? Draw a fixture of 9 teams on the basis of league tournament using Cyclic method.
- Q.9 Drew a fixture of 6 teams on league basis following the Tabular method.
- Q.10 What is the Significance of zintramurals and Extramural
- Q.11 What is the meaning of physical activity?
- Q.12 Name some Common postural deformities.

OR

Mention the name of Lower Leg Deformities and Spinal Card Deformities.

- Q.13 Participation in physical activites can be utilised as corrective measure for correcting postural deformities among children Justify.
- Q.14 What is osteoporosis? Explain factors, those lead to osteoporosis in women.
- Q.15 Explain in detail the venous benefit of women participation in sports.

Q.16 Anita was facing the problems of kyphosis. Due to this, She was under stress and tetension. One day, her physical education teacher come to know about the problem. She also advised Anita some corrective exercisesto minimize the deformity of kyphosis. After few months of regular exercise, She was confident enough to get rid of Kyphosis.

1. Kyphosis is problem related to...

- (a) Heart
- (b) Spine
- (c) Brain
- (d) Legs

2. Kyphosis is.....

- (a) Abnormal curvature of spine at front
- (b) Sideways curve in the spine
- (c) Rounding of upper back
- (d) Rounding of lower back

3. Which of the following is a Corrective measure for kyphosis?

- (a) Horse riding
- (b) walking on toes
- (c) Tadasana (mountain pose)
- (d) Sukhasana

Q.17 Priya, a Student of class XI. has very lower BMI due to which her class teacher has asked the school counselor to help priya because it seems priya is not taking proper meals.

1. List down the different types of eating disorders.

2. What Is the range for underweight students in BMI?

3. What could be the possible course of eating disorders?

Q.18 Sohum was the Sports captain of ABC Public school. The School Committee decided to organize an annual sports meet in the school and the responsibilities were given to sohum for planning the events.

1. Effective planning Can help in :

- (a) Improving efficiency
- (b) Proper ccoordination
- (c) Reducing chance of mistakes
- (d) All of the above

2. Which the following is the first step in a sports programme?

- (a) Staffing
- (b) Planning
- (c) Budgeting
- (d) Directing

3. Pre - tournaments tasks are done :

- (a) During the tournament
- (b) After the tournament...
- (c) Before the tournament
- (d) After the award Ceremony

Q.19 In a Lawn Tennis Competition, there were 8 players in the first round, 4 players were eliminated after they lost their matches. Based on the information, answer the following questions..

1. What type of tournament is mentioned above?

- (a) Round Rabin tournament
- (b) Knockout tournament
- (c) Challenge tournament
- (d) None of the above

2. For these 8 players how many matches will be played if it is a single knockout tournament?

- (a) 8
- (b) 7
- (c) 9

(d) 10

3. An advantage of this type of tournament is

- (a) takes less time
- (b) Weak team may enter the final
- (c) Strong teams may get eliminated
- (d) Is more expensive

### *PROJECT FILE WORK*

Q.20 What do you mean by Lifestyle diseases?

Q.21 Briefly explain the procedure, benefits, symptoms, causes and contraindications of any two asanas to prevent

- Asthma
- Obesity
- Diabetes
- Hypertension
- Back pain and Arthrities

# Economics

*1. Disinvestment policy of the Government*

*2. Role of RBI in control of Credit*

*3. Sarva shiksha Abhiyan*

*4. Atamnirbhar Bharat*

*5. Self help group*



# Sociology

## 1. Write the answer of the following questions in your social sociology notebooks:-

Directions: The following items consist of two statements, one labelled as 'Assertion A' and the other labelled as 'Reason R'. You are to examine these two statements carefully and decide if the Assertion (A) and the Reason (R) are individually true and if so whether the Reason is a correct explanation of the Assertion.

Select your answers to these items using the codes given below and mark your answer sheet accordingly.

In the context of the above two statements, which one of the following is correct?

- (a) Both A and R are true and R is the correct explanation of A
- (b) Both A and R are true, but R is not the correct explanation of A
- (c) A is true, but R is false
- (d) A is false, but R is true

Q. 1. Assertion (A): Protests by Scheduled Castes against the practice of Untouchability and atrocities have increased.  
Reason (R): Their action have stirred the government machinery to enforce law and order strictly.

Q. 2. Assertion (A): In pre-independence India, backward classes movement was never strong enough to affect the whole country.  
Reason (R): The various backward classes had serious internal differences and could never work together.

Q. 3. Assertion (A): The Telangana Movement is one of the important militant peasant movements in India.  
Reason (R): Indian National Congress gave it effective leadership.

Q. 4. Assertion (A): The higher the job opportunities for female population in the paid labour market, the higher the rate of acceptance of family planning.  
Reason (R): Opportunity and cost of a child is directly proportional to the employment status of mother.

Q. 5. Assertion (A): According to the World Health Organization (WHO), in 1993, there were 16.5 million deaths due to infectious disease world wide.  
Reason (R): Urbanization without health planning leads to the spread of diseases.

Q. 6. Assertion (A): Life-style determines life chances.  
Reason (R): The class position of the individuals enhances or diminishes his life chances.

Q. 7. Assertion (A): Social mobility is the movement of individuals or groups from one social stratum to another.  
Reason (R): The degree to which systems of stratification are open or closed depends on the extent of social mobility.

Q. 8. Assertion (A): Traditionally, a lower caste adopted the life-style of the dominant caste in the process of sanskritization.  
Reason (R): Adaption of the life-style of the dominant caste usually symbolized a caste of upward mobility within the caste system.

Q. 9. Assertion (A): There is a considerable ethno linguistic diversity in India.  
Reason (R): This prohibits equal opportunity.

Q. 10. Assertion (A): Most of the time the urban individual participates and fulfills his needs in secondary groups.  
Reason (R): The primary groups have ceased to exist in modern societies.

Q. 11. Assertion (A): Cities are the confluence of races, cultures and peoples.  
Reason (R): Cities are centers of innovations.

Q. 12. Assertion (A): According to Mallet, automation will revitalize trade union movement.  
Reason (R): Automation integrates the working class into the structure of capitalist society.

Q. 13. Assertion (A): In order to survive, an authoritarian state resorts to repression, permanent mobilization and manipulation.  
Reason (R): In an authoritarian state, the bureaucratic apparatus becomes responsive to the needs of the masses.

Q. 14. Assertion (A): The culture of the dominant class controls the dominant meanings.  
Reason (R): The structure of relations between classes perpetuates itself by reproducing its characteristics in the domain of culture.

Q. 15. Assertion (A): Modernization goes hand in hand with education, mass communication, urbanization and political participation.  
Reason (R): Dominance of the cultural influences from the West changes traditions elsewhere.

Q. 16. Assertion (A): In village India, factions are hardly ever based on caste.  
Reason (R): In spite of changes in the actions, strategies and rules of the game, clash of personal interests is the root cause of factionalism.

Q. 17. Assertion (A): Kin terms are 'role terms'.  
Reason (R): Kin terms designate a biological as well as a social relationship.

Q. 18. Assertion (A): The State promotes, with special care, the educational and economic interests of the Scheduled Castes and the Scheduled Tribes.  
Reason (R): Protection from exploitation and promotion of social justice for the weaker and under privileged sections are among the primary functions of the Welfare State.

Q. 19. Assertion (A): Women in India today enjoy equal opportunities with men in all the fields.  
Reason (R): The Constitution of India prohibits any kind of discrimination against women.

Q. 20. Assertion (A): The policy of protective discrimination adopted by Government of India, after independence, for Scheduled Castes/Tribes has become highly controversial today.  
Reason (R): The reservations for SCs/STs in educational institutions and occupational fields have narrowed the gap between these castes on the one hand and higher castes on the other.

**2. Here are some project ideas and the students will write the project assigned to them:-**

1. Demographic Structure of Indian Society (Roll no. 1,5,9,11)

2. Social institutions in India ( roll no. 2,6,10,12)
3. Cultural Diversity and challenges to Cultural diversity in India (Roll no. 3,7,23,15)
4. Structural changes during colonialism in India (Roll no. 4,8,14,17,25)
5. Colonialism and Cultural Changes (Roll no. 16,18,27,29)
- 6 Social Movements in India (Roll no. 19,28,26,22)
7. Forms of Social Inequality and Exclusion in india (Roll no. 20,21,13,24)

**3. Revise the following chapters :-**

1. **Demographic Structure of India**
2. **Social institutions**
3. **Patterns of Social Inequality and Exclusion**

**Pol Science**

**SHREE HANUMAT INTERNATIONAL PUBLIC SCHOOL**

**GORAYA**

**HOME ASSIGNMENT**

**CLASS XII**

**SUBJECT – POLITICAL SCIENCE**

**MAKE PROJECT file BY FOLLOWING THESE POINTS.**

1. Title of the project
2. Details of the mentor/ project guide
3. Certificate and Acknowledgement
4. Index
5. Body of the project
6. Conclusion
7. Bibliography
8. 25 TO 30 Pages are mandatory in file
9. Paste picture related to your topic

**FILE SHOULD be maintained in NEAT AND CLEAN manner ,FULLY DECORATED AND COVERED, USE CARDBOARD COVER NOT TRANSPARENT ONE.**

**PASTE WORLD POLITICAL MAPS ON YOUR NOTEBOOKS AND LABEL THE FOLLOWINGS :-**

- 1 Locate Axis and Allied powers
- 2 Countries related to Arab Spring
- 3 Baltic Nations, ASEAN Nations,

#### 4. Countries related to BRICS

##### Very short questions

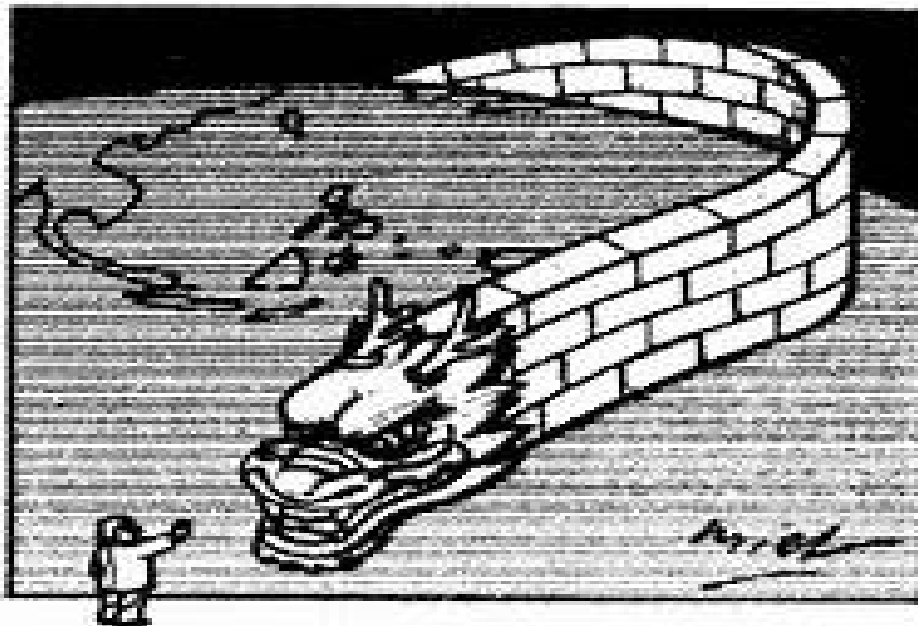
1. Define “Largest garage sale in history”
2. Mention the causes behind the broken of Berlin wall.
3. What does CIS stand for?
4. “The Soviet Union lagged behind the West”. Comment
5. Mention any two possibilities which were being presumed in changed scenario of world politics after disintegration of the USSR.

##### Long questions

1. “The old system of social welfare was systematically destroyed”. With reference to Shock Therapy, justify the statement.
2. In what ways does the present Chinese economy differ from its command economy?
3. How did the European countries resolve their post-Second World War problem? Briefly outline the attempts that led to the formation of the European Union.
4. Explain objectives of establishing regional organizations?
5. Identify the contentious issues between China and India. How could these be resolved for greater cooperation? Give your suggestions.

##### PICTURE BASED QUESTION

Read the cartoon given below and answer the questions that follow:-



1. What does the picture depict?

2. The given cartoon is related with \_\_\_\_\_ country.
3. What message does cartoon convey to the world?

## **Business Administration**

1. Visit a business enterprise near your home and make a list of all the managerial activities done there. Also list out the different managerial levels and designations in that enterprise.
2. Visit websites of Reliance Jio and Airtel. Make a comparison between their plans. The plans should include Objectives, strategies, policies and programmes.
3. Visit a firm and make a note on the organizational structure adopted by them.
4. Conduct a survey with manufacturing organizations to understand the communication problems they face while interacting with the employees.
5. Visit a firm near your area to understand the financial incentives given by the employer to motivate the employees.
6. List out the leadership traits in five leaders in any area-cricket, politics or business.
7. Write a note on Corporate Social Responsibility with special reference to Companies Act 2013. Write detailed CSR initiatives adopted by companies to Save Water.
8. Conduct a survey to assess customer satisfaction with Online shopping over Offline shopping. This survey can be administered with the people staying in your society.
9. Perform a survey to find out how many people in your society use Net banking over directly visiting bank.

