

**S.H.I.P.S.**  
**[A Premier Institution]**



**Home Assignment**  
**2024-25**

**Grade-XI-Hum.**

Name: \_\_\_\_\_

Section: \_\_\_\_\_ Roll. No. \_\_\_\_\_

**Note:**

1. Assignment Marks will be added in the Terminal Assessment.
2. Parents are required to let their child do his/her assignments on his/her own.
3. Use loose sheets if required to perform the task.
4. Best Assignment of the year will be recognised.

**‘Summer Vacation weaves a magic wand over the little world of our kids, everything softer and more beautiful.’**

## **So, Hello Summer!!**

The seven Golden Commandments for an exemplary Summer Vacation [to be followed by Parents Ward Duo].

**a) What about Dining Together?** A family that dines together, stays happy forever.

Feasting together with your ward atleast twice a day will strengthen bonds between you and your ward. They will share with you their innermost desires, once you start this process.

**b) Teaching them Dignity of Labour:** Asking your ward to engage in household chores like cleaning their dishes after meals, assisting maids and house servants, or gardeners or assisting you in cooking and serving food.

**c) Visit to Orphanages:** Instead of visiting malls, which promotes pseudo culture, allow your kids to visit orphanages so that they connect with the lesser fortunate, learn about their plight. Only by seeing the downtrodden, first hand, can they develop ‘Empathy’.

**d) Kinship with Mother Nature:-** In order to develop affinity and accordance with nature, let the kids work in their kitchen garden, let them plant a sapling or a seed in medium sized pot on the first day of summer break. Ask them to nurture it throughout the holiday and to carry to school with their name tags on 11 July, 2018. This sapling will be nurtured by your ward in the school for the next few years. This way they will learn the value of ‘caring’ and also appreciate all that you do for them.

**e) Shun the Indoor Era:** Let them gel with rustic, invigorating natural environment. Let them steer clear of indoor culture which has made them slothful. Let them get dirty, let them bask in natural sunshine, prohibit air conditioners for them.

As Emerson said, “Live in the sunshine, swim the sea, drink the wild air.”

Let your kids be adventurous, wild. Let them be **REAL KIDS FOR A CHANGE.**

**f) Sow in them seeds of Philanthropy and Good Humanitarianism:** Allow them to donate their old, unused stuff to the needy. Teach them to be generous. Let them donate with their own hands, their discarded clothes, stationery, bags, books, bottles, tiffin boxes etc.

So Dear Parents,

## **LET HOLIDAY MODE BE ACTIVATED**

Holidays are a perfect time to reflect on our blessings and seek out ways to make life better for those around us.

**May Your Days be Merry and Bright**

**Hope You Enjoy a Blissful Bonding with Your Ward.**

***LET THE MEMORIES OF HOLIDAYS LAST FOREVER***

## ENGLISH

### SUMMER HOLIDAYS HOMEWORK

**CLASS XI JUNE , 2024 – 2025**

**English Language and Literature (Code No. 184) CBSE**

**1. Writing Skills : NOTE MAKING**

**2. Grammar : Modals**

**3. PROJECT ON KHUSHWANT SINGH (20 MARKS)**

### NOTE MAKING

**A. Read the following passage.**

1. How does television affect our lives? It can be very helpful to people who carefully choose the shows that they watch. Television can increase our knowledge of the outside world; there are high quality programmes that help us understand many fields of study, science, medicine, the different arts and so on. Moreover, television benefits very old people, who can't leave the house, as well as patients in hospitals. It also offers non-native speakers the advantage of daily informal language practice. They can increase their vocabulary and practice listening.

2. On the other hand, there are several serious disadvantages of television. Of course, it provides us with a pleasant way to relax and spend our free time, but in some countries people watch television for an average of six hours or more a day. Many children stare at the TV screen for more hours a day than they spend on anything else, including studying and sleeping. It's clear that TV has a powerful influence on their lives and that its influence is often negative.

3. Recent studies show that after only thirty seconds of television viewing, a person's brain 'relaxes' the same way that it does just before the person falls asleep. Another effect of television on the human brain is that it seems to cause poor concentration. Children who view a lot of television can often concentrate on a subject for only fifteen to twenty minutes. They can pay attention only for the amount of time between commercials.

4. Another disadvantage is that television often causes people to become dissatisfied with their own lives. Real life does not seem so exciting to these people. To many people, television becomes more real than reality and their own lives seem boring. Also many people get upset or depressed when they can't solve problems in real life as quickly as television actors seem to.

5. Before a child is fourteen years old, he or she views eleven thousand murders on the TV. He or she begins to believe that there is nothing strange about fights, killings and other kinds of violence. Many studies show that

people become more violent after viewing certain programmes. They may even do the things that they see in a violent show.

**(a) On the basis of your reading of the above passage, make notes on it using headings and subheadings. Use recognizable abbreviations (minimum four) and a format you consider suitable. Supply a suitable title to it. (5)**

**(b) Make a summary of the above passage in about 80 words.**

### EXERCISE 1

Fill in the blanks with 'can' or 'could':

1. .... you prepare a cup of tea for me, please?
2. She ..... not help to laugh at the joker.
3. We ..... execute your plan at once.
4. He said that he ..... walk twenty kms at a stretch.
5. A lame person ..... not walk.
6. .... you lift this box for me?
7. She ..... read without glasses till last year.
8. You ..... not see the principal now.
9. He worked hard but ..... not pass the examination.
10. She ..... play the piano when she was only eleven.

### EXERCISE 2

Fill in the blanks with 'May' or 'Might':

1. The news ..... not be true.
2. With a little more effort we ..... win this time.
3. The examinations ..... be postponed.
4. We ..... have gone if they had invited us to dinner.
5. With a little push, he ..... have got the job.
6. .... your future be bright!
7. You ..... not attend the meeting this evening.
8. He said that it ..... not rain.
9. She asked if she ..... see the director.
10. The sky is overcast. It .....rain at any time.

### EXERCISE 3

Use shall or will in the blanks in the following sentences:

1. He ..... leave this office at once. It is final.
2. I ..... file a case of defamation against the paper.
3. We ..... not allow this type of misrule to continue.
4. All traitors ..... die.
5. How long ..... you stay at Manali?
6. ....you attend her farewell party?
7. ....we be invited to her mango party?
8. She ..... just sit and brood over her past life.

9. We ..... not visit the Trade Fair tomorrow.
10. .... we refresh ourselves with some coffee now?

## **PROJECT ON SIR. KHUSHWANT SINGH**



## ਸੁਝਾਏ ਗਏ ਪ੍ਰੋਜੈਕਟ (SUGGESTED PROJECTS)

1. ਸੱਭਿਆਚਾਰਕ ਗਤੀਵਿਧੀਆਂ (ਲੋਕ-ਨਾਚ, ਲੋਕ-ਗੀਤ, ਲੋਕ-ਬੋਲੀਆਂ)
2. ਪੁਸਤਕ ਸਮੀਖਿਆ
3. ਸਲੋਗਨ ਲੇਖਣ
4. ਪੇਂਡੂ ਅਤੇ ਸ਼ਹਿਰੀ ਜੀਵਨ
5. ਸਮਾਜਿਕ ਕੁਰੀਤੀਆਂ (ਦਾਜ, ਭਰੂਣ-ਹੱਤਿਆ, ਨਸ਼ੇ)
6. ਮਾਂ-ਬੋਲੀ (ਮਹੱਤਾ ਤੇ ਪ੍ਰਚਾਰ-ਪ੍ਰਸਾਰ)
7. ਪੰਜਾਬੀ ਪਹਿਰਾਵਾ
8. ਪੰਜਾਬੀ ਰਹਿਣ-ਸਹਿਣ
9. ਪੰਜਾਬੀ ਹਾਰ-ਸ਼ਿੰਗਾਰ
10. ਵਿਰਾਸਤੀ ਖੇਡਾਂ
11. ਕਰੋਨਾ-ਕਾਲ ਸਮੇਂ ਮੇਲੇ ਤੇ ਤਿਉਹਾਰ
12. ਕਰੋਨਾ-ਕਾਲ ਸਮੇਂ ਵਿਆਹ ਤੇ ਹੋਰ ਸਮਾਗਮ

## PHYSICAL EDUCATION

- Q1. What examples of fair play in sports?
- Q2. What is the concept of Olympism?
- Q3. What is The Aim of KHELO INDIA program ?
- Q4. Describe the Olympic educational value and significance.
- Q5. What do you understand the meaning of Physical education.
- Q6. Write in brief any five schemes which are working for the development of physical education and sports.
- Q7. Define career options in physical education.
- Q8. Explain in details about changing trends in technological advancement
- Q9. Write In details about changing trends in wearable Gears.
- Q10. What do you understand by technological advancement?
- Q11. Write about Fit India.
- Q12. Describe one of the Olympic core value?
- Q13. What are the difference between ancient and modern Olympics?
- Q14. Describe in detail about Modern Olympics.
- Q15. What roles can be pursued in Sports administration in India?

### PRACTICAL -1

Age group 5-8 years

BMI test

### AGE GROUP 9-18 YEARS

Partial curl ups for abdominal strength

Push-ups for Boys and modify push-ups for girls to check upper body strength

Sit and reach test for lower body flexibility

50 m. race to check speed

600 m. run/walk for cardio vascular endurance

### PROJECT FILE

YOGA as prevention for life style diseases

OBESITY

ASTHMA

HYPERTENSION

DIABETES

BACK PAIN

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Q.16



## SOCIOLOGY

### 1. Write the answer of the following questions in your social sociology notebooks:-

1. Classification of societies was based on
  1. Urbanization
  2. de-centralization
  3. industrialization
  4. non-industrialization
2. Macro-sociology is that the study of:  
[A] Small groups  
[B] large groups  
[C] Minorities  
[D] Tribal groups
3. Who coined the term sociology  
[A] Herbert Spencer  
[B] Durkheim  
[C] Auguste Comte  
[D] Karl Marx
4. Group action brings to visit society.  
[A] Social order  
[B] Deviance  
[C] Disobedience  
[D] Violence
5. Associations of individuals are called  
[A] Groups  
[B] Aggregate  
[C] Crows  
[D] None of the above.
6. Class and conflict were key concepts to grasp society for :  
[A] Karl Marx  
[B] Emile Durkein  
[C] Berger, Peter. L.  
[D] A. R. Desai
7. Give one example of secondary groups.
8. Religion/law/customs is a powerful agency of social control.(write the correct answer)
9. Give an example of closed stratification.
10. "Economy is the basic structure of human society"- who said this.
11. Status gained by birth is known \_\_\_\_\_(fill the gap)

12. To which group family belongs?

13. Face to Face” relation is the characteristics of which group?

14. Name the status which is earned by individual effort.

15. ” Economy is the basic structure of human society ” – who said this?

16. Religion is “a belief in supernatural being “

17. Marriage is an institution. Write ‘Yes’ or ‘No’.

18. Family is a kinship group. Write ‘Yes’ or ‘No’.

19. What is work ?

20. There are two kinds of kinship. What are they ?

21. Kinship system is primarily based on two factors – Who are they?

22. Mention two tribes of north -east India having matriarchal family system.

23. Social Institution. Give example of two social institutions.

24. Write a short note on division of labour.

25. What is monogamy and polygamy?

**2. There are many interesting topics you can choose for your sociology project, depending on your interests and the project's scope. Here are some project ideas and the students will write the project assigned to them ROLL NUMBER WISE:-**

1. **Social Inequality: (Roll no. 1-3)** Analyze different aspects of social inequality, such as income, race, gender, education, and their impact on individuals and society.
2. **Social Movements: (Roll no. 4-6)** Investigate the origins, goals, and impact of social movements, such as Black Lives Matter, MeToo, or environmental activism.
3. **Family and Marriage: (Roll no. 6-8)** Examine the changing nature of families and marriage in contemporary society, including trends such as cohabitation, divorce, and same-sex marriage.
4. **Globalization: (Roll no. 9-11)** Explore the social, economic, and cultural impact of globalization, including the role of international organizations, migration, and cultural exchange.
5. **Education: (Roll no. 12-14)** Study the role of education in society, including issues such as access, quality, and equity.

6. **Health and Medicine:(Roll no. 15-17)** Investigate the social factors that affect health and illness, such as access to healthcare, social determinants of health, and the impact of cultural beliefs on health behavior.
7. **Media and Communication:(Roll no. 18-20)**Analyze the role of media and communication in shaping social norms and values, including the impact of social media and the internet on communication and identity.
8. **Environmental Sociology: (Roll no. 21-23)**Study the relationship between society and the natural environment, including climate change, pollution, and sustainable development.
9. **Work and Employment: (Roll no. 24-onwards)** Examine the changing nature of work and employment in contemporary society, including job insecurity, automation, and the economy

**3. Revise the following chapters :-**

1. **Sociology and society**
2. **Terms, Concepts and their use in Sociology**
3. **Understanding social Institutions**

## POLITICAL SCIENCE

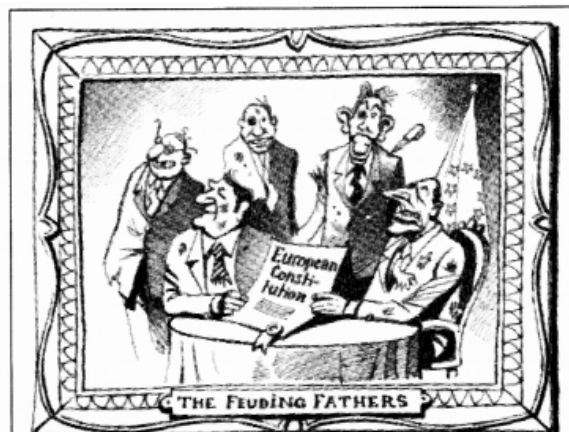
MAKE PROJECT FILE BY FOLLOWING THESE POINTS.

1. Title of the project
2. Details of the mentor/ project guide
3. CERTIFICATE AND Acknowledgement
4. Index
5. Body of the project
6. Conclusion
7. BIBLIOGRAPHY
8. 25 TO 30 Pages are mandatory in file
9. Paste picture related TO YOUR PROJECT TOPIC.

FILE SHOULD BE MAINTAINED IN NEAT AND CLEAN MANNER, FULLY DECORATED AND COVERED, USE CARDBOARD COVER NOT TRANSPARENT ONE.

Very short questions

1. Mention the functions of Constitution which set some limits on our government but on the other hand it favors the citizens.
  2. Define the terms liberty, equality and fraternity of the Preamble of Indian Constitution.
  3. Who can represent the common good of human beings?
  4. How can we say that the Constitution is a living document?
  5. Write a note on Constituent Assembly.
  6. Mention the sources of the Indian Constitution along with the features taken from these sources.
  7. On what grounds are some rights considered to be universal in nature? Identify three rights which you considered universal. Give reasons.
  8. Differentiate between political, economic and cultural rights. Give examples of each kind of rights.
  9. Rights place some limits on the authority of the state. Explain with examples.
  10. Explain the limitations on the "Right to freedom of speech and expression"?
1. Read the cartoon (NCERT Textbook, page 5) given below and answer the questions that follow  
Does this always happen during constitution-making?
2. Study the picture (NCERT Textbook, page 37) given below and answer the questions that follow



Countries of the European Union tried to create a European Constitution. The attempt failed. Here is a cartoonist's impression of this attempt.



1. Name the Fundamental Rights whose violation is depicted in this photograph.
2. What is the provision under Right against Exploitation regarding the same picture?
3. Name any other form of exploitation mentioned under the Right against Exploitation except mentioned above.

### **BUSINESS ADMINISTRATION**

1. Visit few firms of different scales Small Scale, Medium Scale and Large Scale nearby your vicinity and make a list of their commercial operations. Differentiate them across following:

- Capital invested
- Labour intensive or capital intensive
- Number of persons working

2. Conduct a small survey to understand the impact of COVID 19 pandemic on small retailer dealing in non-essential items.

3. Create a project on SWOT analysis of E-commerce business sector of Indian economy.

4. Conduct a survey with your neighbours to understand the consumption habits in COVID-19 times. The aim should be to differentiate between the consumption of convenient goods and shopping goods.

5. Visit few business organizations near your vicinity and differentiate between the types w.r.t. Sole proprietors, co-operatives, partnership and companies.

6. Make a project on the steps involved in the capital subscription process of SBI Cards and Payment Services Ltd.

7. Visit a firm and collect information on different types of written and oral communication used in that organization.

8. Visit a business organization and conduct an interview with the few administration personnel to understand how Information Technology is useful for their business.

9. Visit a business enterprise in your vicinity and interact with the HR manager to understand the OB challenges faced by him.

Demonstration of skill competency in Lab Activities -15 marks

Guidelines for Project Preparation:

The final project work should encompass chapters on:

- a) Introduction,
- b) Identification of core and advance issues,
- c) Learning and understanding and
- d) Observation during the project period