

**S.H.I.P.S.**  
**APremierInstitution**

**CourseofStudyforGrade XI(Humanities),2024-25**

**ENGLISH**

Month	Skill	Topic
April	Reading	Notes Making
	Writing	Advertisement Poster
	Grammar	Determiners, Tenses
	Literature	The Portrait of a Lady A Photograph Laburnum Top
	ASL	Introduction of Self, Narration of Short Story
May	Reading	Passage
	Writing	Speech
	Grammar	Modal
	Literature	The summer of beautiful white horse The Address
July	ASL	Best Friend, Family
	Reading	Passage
	Writing	Advertisement Posters Speech
	Grammar	Determiners, tenses, Modals
	Literature	Childhood We're not afraid to die.. Discovering Tut
	ASL	Listening Task
August	Reading	Passage, Notes making
	Writing	Revision of writing composition
	Grammar	Jumbled sentences
	Literature	Voice of Rain

	ASL	Father to son Adventure Listening/ speaking
September	Term I Exam	Term I Exam
October	Reading	Passages
	Writing	Short and long composition
	Grammar	Gap Filling/Cloze Filling
	Literature	Mother's day Birth
	ASL	Situational questions
November	Reading	Passages
	Writing	Short and long composition
	Grammar	Revision
	Literature	Silk road Situational questions
	ASL	
December	Reading	Passages
	Writing	Short and long composition
	Grammar	Revision
	Literature	Tale of melon city
	ASL	Situational questions

## **PUNJABI**

ਅਪ੍ਰੈਲ- ਦੰਤਕਥਾ - ਪੂਰਨਭਗਤ,  
ਲੋਕਗੀਤ - ਸੁਹਾਗਪੱਤਰ,  
ਇਸ਼ਤਿਹਾਰ (1-10), ਮੁਹਾਵਰੇ,  
ਬੈਂਕਨਾਲਸੰਬੰਧਤਵਾਕ

ਮਈ- ਦੰਤਕਥਾ - ਰਾਜਾਰਸਾਲੂ,  
ਦੁੱਲਾਭੱਟੀ, ਲੋਕਗੀਤ - ਘੋੜੀਆਂ, ਦਫ਼ਤਰੀਸ਼ਬਦਾਵਲੀ, ਪੱਤਰ, ਲੇਖ, ਰੇਲਵੇਨਾਲਸੰਬੰਧਤਵਾਕ

ਜੁਲਾਈ - ਲੋਕਗੀਤ - ਬੋਲੀਆਂ, ਇਸ਼ਤਿਹਾਰ(11-20), ਦਫ਼ਤਰੀਸ਼ਬਦਾਵਲੀ, ਮੁਹਾਵਰੇ

ਅਗਸਤ - ਲੋਕਗੀਤ - ਟੱਪੇ,  
ਸੱਦਾਪੱਤਰ(1-6), ਮੁਹਾਵਰੇ, ਪੱਤਰ, ਲੇਖ  
ਦੁਹਰਾਈ

Unit Test - ਦੰਤਕਥਾ- ਪੂਰਨਭਗਤ, ਲੋਕਗੀਤ- ਸੁਹਾਗ ,ਇਸ਼ਤਿਹਾਰ (1-10), ਮੁਹਾਵਰੇ, ਬੈਕਨਾਲਸੰਬੰਧਤਵਾਕ, ਪੱਤਰ , ਦਫਤਰੀਸ਼ਬਦਾਵਲੀ

ਸਤੰਬਰ2024 Term - I

ਅਕਤੂਬਰ - ਪ੍ਰੀਤਕਥਾ - ਹੀਰਾਂਝਾ, ਲੋਕਗੀਤ- ਸਿੱਠਣੀਆਂ, ਵੱਖ-ਵੱਖਵਿਸ਼ਿਆਂਨਾਲਸੰਬੰਧਤਸ਼ਬਦਾਵਲੀ, ਡਾਕਨਾਲਸੰਬੰਧਤਵਾਕ, ਮੁਹਾਵਰੇ, ਸੱਦਾਪੱਤਰ (7-12), ਪੱਤਰ

ਨਵੰਬਰ - ਪ੍ਰੀਤਕਥਾ - ਮਿਰਜ਼ਾਸਾਹਿਬਾ, ਲੋਕਸਾਹਿਤ - ਢੋਲਾ ,ਪੱਤਰ, ਲੇਖ, ਕੰਪਿਊਟਰਨਾਲਸੰਬੰਧਤਵਾਕ

ਦਸੰਬਰ - ਲੋਕਸਾਹਿਤ- ਮਾਹੀਆ ,ਬੁਝਾਰਤਾਂ, ਲੇਖ, ਬੀਮਾਸੇਵਾਵਾਂਨਾਲਸੰਬੰਧਤਵਾਕ

ਜਨਵਰੀ - ਦੁਹਰਾਈ

ਫਰਵਰੀ- ਦੁਹਰਾਈ

ਮਾਰਚ - Term - II

## **PHYSICALEDUCATION**

### **APRIL**

Chapter1–ChangingTrendsandCareerinPhysicalEducationChapter2–  
Olympism Value Education

### **May**

Chapter 2 – Olympism Value Education

Chapter 3 – Yoga

### **Periodic Test 1**

Chapter 1 and Chapter 2

### **June**

Practical Work

Fitness tests administration. (SAI Khelo India Test)

### **July**

Chapter 4 – Physical Education and Sports for CWSN

Chapter 5 – Physical Fitness, Wellness and Lifestyle

### **Periodic Test 2**

Chapter 3

Chapter 4

### **August**

Chapter 6:- Test, Measurement and Evaluation

Practical work :-Procedure for Asanas, Benefits & Contraindication for any two Asanas for each lifestyle disease

### **September**

**Term 1 Exam**

Chapter 1 to 5

## Term 2 Syllabus

### **October**

Chapter 7 – Fundamentals of Anatomy, Physiology in Sports.

Chapter 8 – Fundamentals of Kinesiology and Biomechanics in Sports.

### **Periodic Test 3**

Chapter 6, 7 & 8.

### **November**

Chapter 9 – Psychology and Sports.

Practical Work:- Proficiency in Game. (Skill of any one IOA recognised Sports/ Game of choice)

### **December**

Chapter 10 – Training and Doping in Sports

### **Periodic Test 4**

Chapter 9 & 10

### **January**

Practical Classes and Revision

### **February**

Revision Tests

### **March**

Final Exam

# **POLITICALSCIENCE**

## **Class XI Year Planner(2024-25)**

**Subject:- Political Science**

**Format of Question Paper:-**

**M.M.:80**

**Time:-3 Hrs.**

Form of questions	No. of questions	Marks of each question	Total marks
M.C.QS	12	1	12
Very short answer type question	6	2	12
Short answer type question	5	4	20
Map/picture or passage based	3	4	12
Long answer type	4	6	24
			80

## **PROJECT WORK**

**Max. Marks: 20**

1. Project undertaken during the academic year at school level (10 Marks)
  1. Introduction – 2 Marks
  2. VARIETY OF CONTENTS – 3 Marks
  3. PRESENTATION – 3 Marks
  4. Bibliography – 1 Mark
  5. Conclusion – 1 Mark
1. Viva – based on the project work (10 Marks)

## **Unit wise Weighatge:-**

UNITS	MARKS
PART A-INDIAN CONSTITUTION AT WORK	<b>40</b>
<b>Ch 1 Constitution: Why and How?</b> a) Why do we need a Constitution? Constitution allows coordination and assurance Specification of decision- making powers Limitations on the powers of government Aspirations and goals of a society Fundamental identity of a people b) The authority of a Constitution Mode of promulgation The substantive provisions of a constitution Balanced institutional design c) How was the Indian Constitution made? Composition of the Constituent Assembly Procedures Inheritance of the nationalist movement Institutional arrangements d) Provisions adapted from Constitutions of different countries	4

<p><b>Ch2 Rights in the Indian Constitution</b></p> <p>a) The importance of rights Bill of Rights  b) Fundamental rights in the Indian Constitution  Right to Equality  Right to Freedom  Right against Exploitation  Right to Freedom of Religion  Cultural and Educational Rights  Right to Constitutional Remedies  c) Directive principles of state policy what do the directive principles contain?  d) Relationship between fundamental rights and directive principles</p>	4
<p><b>Ch 3 Election and Representation</b></p> <p>a) Elections and democracy  b) Election system in India First Past the Post System Proportional Representation  c) Why did India adopt the FPTP system?  d) Reservation of constituencies  e) Free and fair elections Universal franchise and right to contest Independent Election Commission  f) Electoral Reforms</p>	
<p><b>Ch 4 Executive</b></p> <p>a) What is an executive?  b) What are the different types of executives?  c) Parliamentary executive in India  Power and position of President  Discretionary Powers of the President  d) Prime Minister and Council of ministers  e) Permanent Executive: Bureaucracy</p>	
<p><b>CH 5 Legislature</b></p> <p>a) Why do we need a parliament? b) Why do we need two houses of parliament?  •RajyaSabha•LokSabha c) What does the parliament do? • Powers of RajyaSabha  b) • Special Powers of RajyaSabha d) How does the parliament make laws? e) How does the parliament control the executive? f) What do the committees of parliament do? g) How does the parliament regulate itself?</p>	
<p><b>CH 6 Judiciary</b></p> <p>a) Why do we need an independent judiciary? • Independence of Judiciary • Appointment of Judges • Removal of Judges b) Structure of the Judiciary c) Jurisdiction of supreme Court • Original Jurisdiction • Writ Jurisdiction • Appellate Jurisdiction • Advisory Jurisdiction d) Judicial Activism e) Judiciary and Rights f) Judiciary and Parliament</p>	
<p><b>CH 7 Federalism</b></p> <p>a) What is Federalism? B) Federalism in the Indian Constitution • Division of Powers c) Federalism with a strong central government d) Conflicts in India’s federal system • Centre-State Relations • Demands for Autonomy • Role of Governors and President’s Rule • Demands for New States • Interstate Conflicts e) Special provisions • Jammu and Kashmir</p>	
<p><b>CH 8 Local Governments</b></p> <p>a) Why local governments? b) Growth of Local Government in India • Local Governments in Independent India c) 73rd and 74th amendments d) 73rd Amendment • Three Tier Structure  • Elections • Reservations • Transfer of Subjects • State Election Commissioners • State Finance Commission e) 74th Amendment f) Implementation of 73rd and 74th Amendments</p>	

<p>CH 9 Constitution as a Living Document</p> <p>a) Are constitutions static? b) How to amend the constitution? c) Why have there been so many amendments? d) Contents of amendments made so far • Differing Interpretations • Amendments through Political Consensus • Controversial Amendments</p> <p>e) Basic structure and evolution of the constitution f) Constitution as a Living Document • Contribution of the Judiciary • Maturity of the Political Leadership</p>	
<p>CH 10 The Philosophy of the Constitution</p> <p>a) What is meant by philosophy of the constitution? • Constitution as Means of Democratic Transformation b) Why do we need to go back to the Constituent Assembly? c) What is the political philosophy of our constitution? • Individual freedom • Social Justice • Respect for diversity and minority rights • Secularism • Universal franchise • Federalism • National identity d) Procedural Achievements e) Criticisms f) Limitations</p>	
<b>UNITS</b>	<b>MARKS</b>
<b>PART B-POLITICAL THEORY</b>	<b>40</b>
<p><b>Ch 1 Political Theory: An Introduction</b></p> <p>a) What is politics?  b) What do we study in political theory?  c) Putting Political theory into practice  d) Why should we study political theory?</p>	4
<p><b>Ch 2 Freedom</b></p> <p>a) The Ideal of freedom  b) The sources of Constraints-Why do we need constraints?  c) The Harm Principle  d) Negative and Positive liberty</p>	6
<p><b>Ch 3 Equality</b></p> <p>a) Why does equality matter?  • Equality of opportunities  • Natural and Social Inequalities  b) Three dimensions of equality  c) Feminism, Socialism  d) How can we promote equality?</p>	6
<p><b>Ch4 Social Justice</b></p> <p>a) What is Justice?  • Equal Treatment for Equals  • Proportionate Justice  • Recognition of Special Needs  b) Just distribution  c) John Rawls Theory of Justice  d) Pursuing Social Justice  e) Free Markets versus State Intervention</p>	6
<p>CH 5 Rights</p> <p>a) What are Rights? B) Where do rights come from? C) Legal rights and the state d) Kinds of rights e) Rights and responsibilities</p>	4
<p>CH 6 Citizenship</p> <p>a) Introduction b) Full and equal membership c) Equal Rights d) Citizen and Nation e) Universal Citizenship f) Global Citizenship</p>	4
<p>CH 7 Nationalism</p> <p>a) Introducing Nationalism</p> <p>b) Nations and Nationalism • Shared Beliefs • History • Shared National Identity c) National self-determination d) Nationalism and Pluralism</p>	4
CH 8 Secularism	

a) What is Secularism? ● Inter-religious Domination ● Intra-religious Domination b) Secular State c) The western model of secularism d) The Indian model of secularism  e) Criticisms of Indian secularism ● Western Import ● Minoritism ● Interventionist ● Vote Bank Politics	6
---	---

## FIRST ASSESSMENT

April:-

### PART A

Ch 1 Constitution: Why and How?

Ch2 Rights in the Indian Constitution

Ch 3 Election and Representation

May:-

Ch 4 Executive

CH 5 Legislature

Ch 6 Judiciary

June:-

UNIT TEST 1

July:-

Ch 7 Federalism

Ch 8 Local Government

Ch 9 Constitution as a living document

August:-

Ch 10 philosophy of the constitution

PART B

Ch 1 Political Theory: An Introduction

Ch 2 Freedom

September:- Revision and First Assessment Exam.

October:-

Ch 3 Equality

Ch 4 Social Justice

Ch 5 Rights

November

Ch 6 Citizenship

Ch 7 nationalism

Ch 8 Secularism

December: First Prelims Exam.

January : Second PreLims Exam.

February:- Revision and Final EXAM

## **ECONOMICS**

S.No	Chapter	Month
1	Mean , Median , Mode	April
2	Introduction to Microeconomics	April
3	Collection of Data	May



4	Consumer's Equilibrium	May
5	Organisation of Data	June
6	Indifference Curve Analysis	June
7	Presentation of Data	July
8	Theory of Demand	July
9	Elasticity of Demand	July
10	Index Number	August
11	Correlation	August
12	Theory of Supply	October
13	Producer's Equilibrium	October
14	Cost	November
15	Revenue	November
16	Price Determination and Simple Applications	November

## **SOCIOLOGY**

**Format of Question Paper:-**

**M.M.:80**

**Time:-3 Hrs.**

Form of questions	No. of questions	Marks of each question	Total marks
M.C.QS	16	1	16
Very short answer type question	9	2	18
Short answer type question	7	4	28
Map/picture or passage based	1	6	6
Long answer type	2	6	12
			80

## **PROJECT WORK**

**Max. Marks: 20**

**Time allotted: 3 hours**

1. Project undertaken during the academic year at school level (15 Marks)
  1. Introduction – 2 Marks
  2. Statement of Purpose – 2 Marks
  3. Research Question – 2 Marks
  4. Methodology – 3 Marks
  5. Data Analysis – 4 Marks
  6. Conclusion – 2 Marks
2. Viva – based on the project work (05 Marks)

**Unit wise weightage:-**

<b>UNITS</b>	<b>MARKS</b>
<b><u>PART-A</u></b>	<b>44</b>
<b>Unit 1</b> <b>Sociology, Society and its Relationship with other Social Sciences</b> <ul style="list-style-type: none"><li>• Introducing Society: Individuals and collectivities. Pluralities and Inequalities among societies.</li><li>• Introducing Sociology: Emergence. Nature and Scope.</li><li>• Relationship with other Social Science disciplines</li></ul>	10
<b>Unit 2</b> <b>Terms, Concepts and their use in Sociology</b> <ul style="list-style-type: none"><li>• Social Groups and Society</li><li>• Social Stratification</li><li>• Status and Role</li><li>• Society &amp; Social Control</li></ul>	10
<b>Unit 3</b> <b>Understanding Social Institutions</b> <ul style="list-style-type: none"><li>• Family, Marriage and Kinship</li><li>• Work &amp; Economic Life</li><li>• Political Institutions</li><li>• Religion as a Social Institution</li><li>• Education as a Social Institution</li></ul>	12
<b>Unit 4</b> <b>Culture and Socialization</b> <ul style="list-style-type: none"><li>• Defining Culture</li><li>• Dimensions of Culture</li><li>• Socialization</li><li>• Agencies of Socialisation &amp; Sociology</li></ul>	12

<b>UNITS</b>	<b>MARKS</b>
<b><u>PART-B</u></b>	<b>36</b>
<b>Unit 7</b> <b>Social Change and Social Order in Rural and Urban Society</b> <ul style="list-style-type: none"><li>• Social Change: Types, Causes and Consequences</li><li>• Social Order: Domination, Authority and Law; Contestation, Crime and Violence</li><li>• Concepts: Village, Town and City</li><li>• Social Order and Social Change in Rural and Urban Areas</li><li>•</li></ul>	12
<b>Unit 9</b> <b>Introducing Western Sociologists</b> <ul style="list-style-type: none"><li>• The context of Sociology</li><li>• Karl Marx on Class Conflict</li></ul>	12

<ul style="list-style-type: none"> <li>• Emile Durkheim: Division of Labour</li> <li>• Max Weber: Interpretive Sociology, Ideal Type &amp; Bureaucracy</li> </ul>	
<b>Unit 10</b> <b>Indian Sociologists</b> <ul style="list-style-type: none"> <li>• G.S. Ghurye on Caste and Race</li> <li>• D.P. Mukherjee on Tradition and Change</li> <li>• A.R. Desai on the State</li> <li>• M.N. Srinivas on the Village</li> </ul>	12

### **FIRST ASSESSMENT**

**April:-**

**Unit 1**

**Sociology, Society and its Relationship with other Social Sciences**

**Unit 2**

**Terms, Concepts and their use in Sociology**

**May:-**

UNIT-3 understanding social institutions

**June:-**

**UNIT TEST 1**

**July:-**

**Unit 4 culture and socialisation**

**Unit 7**

**Social Change and Social Order in Rural and Urban Society**

**August:-**

UNIT-9 Introducing Western sociologists

**September:- Revision and First Assessment Exam.**

### **FINAL ASSESSMENT**

**October:-**

REVISION

**November :** UNIT-10 Indian sociologists

**December:** First Prelim Exam.

**January :** Second Prelim Exam.

**February:-** Revision and Final assessment

### **BUSINESSADMINISTRATION**

S.No	Chapters	Month
1	Introduction to Business	April
2	Business Environment	April
3	Product and Service	May
4	Organisational Behaviour	May

5	Functional Areas of Management	June
6	Business Correspondence	July
7	Work Place Environment	July

**INFORMATICS PRACTICES**  
**CLASS -XI**

April:

1. Basics of Computer System
2. Programming with Python

May:

3. Python Basics
4. Datatypes and Operators

July:

5. Control Flow
  - Practical Sessions

August

- Term 1-Final Practical

September

- Term 1 Examination

October

6. List Manipulation
7. Python Dictionary

November

8. Database Concept

December

9. Structured Query Language

January

10. Emerging Trends
  - Practical Sessions

February

- Final Practical

March

- Term 2 Examination