

**S.H.I.P.S.
APremierInstitution**

Course of Study for Grade XII (Humanities),2024-25

ENGLISH

Month	Skill	Topic
April	Reading	Comprehension
	Writing	Notice Invitation
	Literature	The last lesson Lost spring My Mother at sixty six
	ASL	Self Intro. Narrating Story
May	Reading	Case base Passage
	Writing	Job Letter Article
	Literature	Keeping Quiet The Third Level The Tiger King
	ASL	Listening Task
July	Reading	Passage
	Writing	Report Article
	Literature	The Rattrap A Thing Of Beauty
	ASL	Listening Task
August	Reading	Passage
	Writing	Revision of writing composition
	Literature	Journey to the end of the earth
	ASL	Listening/ speaking
September	Term I Exam	Term I Exam
October	Reading	Passages

November	Writing	Short and long composition
	Literature	Indigo A road side Stand Poets and pancakes Situational questions
	ASL	
	Reading	Passages
December	Writing	Short and long composition
	Literature	The Enemy Interview Situational questions
	ASL	
	Reading	Passages
	Writing	Short and long composition
	Literature	Going places On the face of it Memories of Childhood Aunt Jennifer's Tigers
	ASL	Situational questions

PUNJABI

ਅਪ੍ਰੈਲ - ਕਹਾਣੀ - ਸਾਂਝ, ਕਵਿਤਾ - ਟੁਕੜੀ ਜੱਗ ਤੋਂ ਨਿਆਰੀ, ਪੱਤਰ, ਪੈਰਾ ਰਚਨਾ, ਅਖਾਣ (1-15)

ਮਈ - ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਉਹਾਰ, ਪੱਤਰ, ਪੈਰਾ ਰਚਨਾ,
ਅਖਾਣ (16-30), ਵਾਕ ਵਟਾਂਦਰਾ

ਜੁਲਾਈ - ਤਾਜ ਮਹੱਲ, ਕਹਾਣੀ - ਨੀਲੀ,
ਵਾਕ ਵਟਾਂਦਰਾ, ਪੱਤਰ

ਅਗਸਤ - ਪੰਜਾਬ ਦੇ ਰਸਮ ਰਿਵਾਜ, ਕਵਿਤਾ - ਚੁੰਮ ਚੁੰਮ ਰੱਖੇ, ਪੱਤਰ,
ਪੈਰਾ ਰਚਨਾ

ਸਤੰਬਰ - Term - I ਪ੍ਰੀਖਿਆ

Unit Test -1 ਕਹਾਣੀ- ਸਾਂਝ,
ਕਵਿਤਾ- ਟੁਕੜੀ ਜੱਗ ਤੋਂ ਨਿਆਰੀ, ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਉਹਾਰ, ਪੱਤਰ, ਅਖਾਣ (1-30), ਪੈਰਾ ਰਚਨਾ,
ਵਾਕ ਵਟਾਂਦਰਾ

ਅਕਤੂਬਰ - ਮਾੜਾ ਬੰਦਾ, ਕਵਿਤਾ- ਵਾਰਸ ਸ਼ਾਹ, ਪੈਰਾ ਰਚਨਾ, ਸੰਖੇਪ ਰਚਨਾ

ਨਵੰਬਰ – ਪੰਜਾਬ ਦੀਆਂ ਲੋਕ - ਖੇਡਾਂ, ਕਵਿਤਾ – ਮੇਰਾ ਬਚਪਨ, ਕਹਾਣੀ – ਘਰ ਜਾ ਆਪਣੇ

ਦਸੰਬਰ – ਪੰਜਾਬ ਦੇ ਲੋਕ ਨਾਚ,
ਕਵਿਤਾ - ਗੀਤ

ਜਨਵਰੀ - ਦੁਹਰਾਈ
ਫਰਵਰੀ - ਦੁਹਰਾਈ

ਮਾਰਚ - Term - II

PHYSICALEDUCATION

Term 1 Syllabus

April:-

Chapter 1 – Management of Sporting Events

Chapter 2 – Children and Women in Sports

May:-

Chapter 2 – Children and Women in Sports

Chapter 3 – Yoga as Preventive Measures for Lifestyle Diseases

Periodic Test 1

Chapter 1 and Chapter 2

June: - Practical Work

Procedure for Asanas, Benefits & Contraindication for any two Asanas for each lifestyle disease.

July:-

Chapter 4 – Physical Education and Sports for CWSN

Chapter 5 – Sports and Nutrition

Periodic Test 2

Chapter 3

Chapter 4

August:-

Chapter 6:- Test and Measurement in Sports

Practical work :-Fitness tests administration.

September:-

Term 1 Exam

Chapter 1 to 5

Term 2 Syllabus

October:-

Chapter 7 – Physiology and Injury in Sports

Chapter 8 – Biomechanics and Sports

Periodic Test 3

Chapter 6, 7 & 8.

November:-

Chapter 9 – Psychology and Sports.

Practical Work: - Proficiency in Game. (Skill of any one IOA recognised Sports/ Game of choice)

December:-

Chapter 10 – Training in Sports

Periodic Test 4

Chapter 9 & 10

January

Practical Classes and Revision

February

Revision of Sample Paper's

March

Final Exam

POLITICALSCIENCE

Format of Question Paper:-

M.M.:80

Time:-3 Hrs.

Form of questions	No. of questions	Marks of each question	Total marks
M.C.QS	12	1	12
Very short answer type question	6	2	12
Short answer type question	5	4	20
Map/picture or passage based	3	4	12
Long answer type	4	6	24
			80

PROJECT WORK

Max. Marks: 20

1. Project undertaken during the academic year at school level (10 Marks)

1. Introduction – 2 Marks
2. VARIETY OF CONTENTS – 3 Marks
3. PRESENTATION – 3 Marks
4. Bibliography – 1 Mark
5. Conclusion – 1 Mark

1. Viva – based on the project work (10 Marks)

Unit wise Weighatge:-

UNITS	MARKS
<u>PART A-CONTEMPORARY WORLD POLITICS</u>	40
Ch 1 The End of Bipolarity Topics to be focused: a) The Soviet System b) Gorbachev and the disintegration c) Causes and Consequences of disintegration of Soviet Union d) Shock Therapy and its Consequences e) New entities in world politics Russia Balkan States Central Asian States f) India's relations with Russia and other post-communist countries	6
Ch 2 Contemporary Centres of Power Topics to be focused: a) European Union b) Association of Southeast Asian Nations c) Rise of China as an economic power d) Japan and South Korea as emerging powers)	6
Ch 3 Contemporary South Asia Topics to be focused: a) Military and Democracy in Pakistan and Bangladesh b) Monarchy and Democracy in Nepal c) Ethnic Conflict and Democracy in Sri Lanka d) India-Pakistan Conflicts e) India and its Neighbours f) Peace and Cooperation	6

<p>Ch 4 International Organizations</p> <p>Topics to be focused:</p> <ul style="list-style-type: none"> a) Meaning and importance of International Organisations b) Evolution of the UN c) Structure and function of International Organisations d) Principal Organs of UN e) Reform of the UN after Cold War f) Reform of Structures, Processes and Jurisdiction of the UN g) India and the UN Reforms h) Key Agencies: IMF, World Bank, WTO, ILO, IAEA. i) NGO: Amnesty International, Human Rights Watch. j) Implications and Future of International Organizations 	6
<p>Ch 5 Security in the Contemporary World</p> <p>Topics to be focused:</p> <ul style="list-style-type: none"> a) Meaning and Type of Security. b) Traditional concept of security c) Non-tradition notions of Security. d) New Sources of Threats e) Cooperative Security f) India's Security strategy 	6
<p>Ch 6 Environment and Natural Resources</p> <p>Topics to be focused:</p> <ul style="list-style-type: none"> a) Environmental Concerns b) Global Commons c) Common but differentiated Responsibilities d) India's Stand on Environment Issues e) Environmental Movements f) Resource Geopolitics g) Rights of Indigenous peoples 	6
<p>Ch 7 Globalisation</p> <p>Topics to be focused:</p> <ul style="list-style-type: none"> a) Concept of globalisation b) Causes and Consequences of globalisation c) India and globalisation d) Resistance to globalisation e) India and resistance to globalisation 	4

UNITS	MARKS
PART B-POLITICS IN INDIA SINCE INDEPENDENCE	40
<p>Ch 1 Challenges of Nation Building</p> <p>Topics to be focused:</p> <p>a) Challenges for the new Nation. Three Challenges.</p> <p>b) Partition: Displacement and Rehabilitation. Consequences of Partition.</p> <p>c) Integration of Princely States. The problem Government's approach Hyderabad Manipur</p> <p>d) Reorganisation of States.</p>	6
<p>Ch 2 Era of One-Party Dominance</p> <p>Topics to be focussed:</p> <p>a) Challenge of building democracy.</p> <p>b) Congress dominance in the first three general elections. Nature of Congress dominance Congress as a social and ideological coalition. Tolerance and management of Factions</p> <p>c) Emergence of opposition parties</p>	4
<p>Ch 3 Politics of Planned Development</p> <p>Topics to be focussed:</p> <p>a) Political contestation. Ideas of Development. Planning Planning Commission</p> <p>b) The Early Initiatives The First Five Year Plan. Rapid Industrialisation</p>	2
<p>Ch 4 India's External Relations</p> <p>Topics to be focussed:</p> <p>a) International Context</p> <p>b) The Policy of Non- Alignment. Nehru's role Distance from two camps. Afro Asian Unity</p> <p>c) Peace and conflict with China The Chinese Invasion 1962 War and Peace with Pakistan Bangladesh War 1971</p> <p>d) India's Nuclear Policy.</p>	6

<p>Ch 5 Challenges to and Restoration of the Congress System</p> <p>Topics to be focused:</p> <p>a) Challenge of Political Succession From Nehru to Shastri From Shastri to Indira Gandhi</p> <p>b) Fourth General Election 1967 Context of the Election. Non Congressism Electoral Verdict Coalitions Defections</p> <p>c) Split in the Congress Indira vs the Syndicate Presidential Election 1969</p> <p>d) The 1971 Election and Restoration of Congress The outcome and after Restoration?</p>	4
<p>Ch 6 The Crisis of Democratic Order</p> <p>Topics to be focused:</p> <p>a) Background to Emergency. Economic Context. Gujarat and Bihar Movements Conflict with Judiciary</p> <p>b) Declaration of Emergency Crisis and response Consequences</p> <p>c) Lessons of the Emergency.</p> <p>d) Politics after Emergency. Lok Sabha Elections 1977 Janata Government Legacy</p>	4
<p>Ch 7 Regional Aspirations</p> <p>Topics to be focused:</p> <p>a) Region and the Nation Indian Approach Areas of Tension Jammu and Kashmir Roots of the Problem External and Internal disputes Politics since 1948 Insurgency and After 2022 and Beyond</p> <p>b) Punjab Political Context Cycle of Violence Road to Peace</p> <p>c) The Northeast Demand for autonomy Secessionist Movements Movements against outsiders Assam and National Integration</p>	6
<p>Ch8 Recent Developments in Indian Politics</p> <p>Topics to be focused</p> <p>a) Context of 1990s</p> <p>b) Era of Coalition Alliance Politics</p> <p>c) Political rise if the Backward Classes Mandal Implemented Political Fallouts</p> <p>d) Communalism, Secularism and Democracy. Ayodhya Dispute Demolition and after</p> <p>e) Emergence of New Consensus</p> <p>f) Lok Sabha Elections 2004</p> <p>g) Growing Consensus</p>	8

FIRST ASSESSMENT

April:-

ch1 The End of Bipolarity
ch 2 Contemporary Centres of Power
ch 3 contemporary south asia

May:-

ch 4 international organisations
ch 5 security in the contemporary world

June:-

UNIT TEST 1

July:-

ch 6 Environment and natural resources
ch 7 Globalisation

August:-

ch 1 the challenges of nation building
ch 2 Era of one party Dominance

September:- Revision and First Assessment Exam.

FINAL ASSESSMENT

October:-

ch 3 politics of planned development
ch 4 India's external relations
ch 5 challenges to and restoration of the congress system

November : Ch 6 The crisis of the democratic order

ch 7 regional aspirations
ch 8 Recent developments in Indian Politics

December: First PreBOARD Exam.

January : Second PreBOARD Exam.

February:- Revision and Final BOARD EXAM

BUSINESSADMINISTRATION

S.No	Chapters	Month
1	Introduction to Management	April
2	Concept of Management	April
3	Function of Management	May
4	Communication	May
5	Motivation	June
6	Leadership	July
7	Social Responsibility of Business	July

8	Information Technology and Business	August
1	Communication Skills	October
2	Entrepreneurial Skills	October
3	Green Skills	October
4	ICT Skills	November
5	Self Management Skills	November

ECONOMICS

XII Economics - (2024-25)		
1.	Basic concepts National Income (theory) Money & Banking	April
2.	Budget Foreign Exchange & Balance of payments	May
3.	On the eve of independence Five years plan	June
4.	LPG reforms Human capital formation Rural development	July
5.	Employment Sustainable Development Comparative development experiences of India and its neighbours	August
6.	Term Exams	September
7.	National Income (methods) Aggregate demand and supply Short run equilibrium output Problems of deficient demand and excess demand	October

SOCIOLOGY

Format of Question Paper:-

M.M.:80

Time:-3 Hrs.

Form of questions	No. of questions	Marks of each question	Total marks
M.C.QS	16	1	16
Very short answer type question	9	2	18
Short answer type question	7	4	28
Map/picture or passage based	1	6	6
Long answer type	2	6	12
			80

PROJECT WORK

Max. Marks: 20

Time allotted: 3 hours

1. Project undertaken during the academic year at school level (15 Marks)
 1. Introduction – 2 Marks
 2. Statement of Purpose – 2 Marks
 3. Research Question – 2 Marks
 4. Methodology – 3 Marks
 5. Data Analysis – 4 Marks
 6. Conclusion – 2 Marks
2. Viva – based on the project work (05 Marks)

Unit wise Weighatge:-

UNITS	MARKS
PART-A INDIAN SOCIETY	40
Unit 2 The Demographic Structure of the Indian Society - Theories and concepts in demography - Rural-Urban Linkages and Divisions - Population Policy in India	10
Unit 3 Social Institutions: Continuity and Change - Caste and the Caste System - Tribal Communities - Family and Kinship	10

UNIT 5 Patterns of Social Inequality and Exclusion - Social Inequality and Social Exclusion - Systems justifying and perpetuating Inequality - Caste, Tribe, the Other Backward Classes - Adivasi Struggles - The Struggle for Women's Equality and Rights - The struggles of the Differently Abled	10
Unit 6 The Challenges of Cultural Diversity - Cultural communities and the nation state - Regionalism in the Indian context - The Nation state and religion related issues and identities - Communalism, secularism and the nation state - State and Civil Society	10

UNITS	MARKS
PART-B	40
B. SOCIAL CHANGE AND DEVELOPMENT IN INDIA	
Unit 8 Structural Change - Understanding Colonialism, Industrialization, Urbanization	5
Unit 9 Cultural Change - Social Reform Movements - Different Kinds of Social Change: Sanskritisation, Westernization, Modernization, Secularization	5
Unit 11 Change and Development in Rural Society - Agrarian Structure : Caste & class in Rural India - Land Reforms, Green Revolution and Emerging Agrarian society - Green revolution and its social consequences - Transformation in Rural Society - Circulation of labour - Globalization, Liberalization and Rural Society	10
Unit 12 Change and Development in Industrial Society - From Planned Industrialization to Liberalization - How people find Jobs - Work Processes: How work is carried out, working conditions, home based work, Strikes and Unions	10
Unit 15 Social Movements - Concept of Social Movements - Theories and Classification of Social Movements - Environmental Movements - Class-Based Movements: Workers, Peasants - Caste-Based Movements: Dalit Movement, Backward Class/Castes, Trends in Upper Caste Responses	10

- Tribal Movements - Women's Movements in Independent India	
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FIRST ASSESSMENT

April:-

Unit 2 The Demographic Structure of the Indian Society

Unit 3 Social Institutions: Continuity and Change

May:-

Unit 5 Patterns of Social Inequality and Exclusion

Unit 6 The Challenges of Cultural Diversity

June:-

UNIT TEST 1

July:-

Unit 8 Structural Change

August:-

Unit 9 Cultural Change

Unit 11 Change and Development in Rural Society

September:- Revision and First Assessment Exam.

FINAL ASSESSMENT

October:-

Unit 12 Change and Development in Industrial Society

November : Unit 15 Social Movements

December: First PreBOARD Exam.

January : Second PreBOARD Exam.

February:- Revision and Final BOARD EXAM

INFORMATIONTECHNOLOGY

**Class XII
Year Planner (2024-25)
Subject:-Computer**

Max.Time:3Hour

Max.Marks: 60

Term 1 Syllabus

April:-

Part B: Unit I: RDBMS Concepts and commands

Test -1

May:-

Part B: Unit I: RDBMS Queries

Part A: Unit IV: Entrepreneurial Skills

Test – 2

June: - UNIT TEST I (Part A: Unit IV and Part B: Unit I)

July:-

Part B: Unit III: Fundamentals of Java Programming

Part A: Unit III: ICT Skills, Unit V:Green Skills

Test -3

August:-

Part A: Unit II: Self-Management Skills

Practical (RDBMS)

September:-

Term I

October:

Part B: Unit I: Operating Web-Based Applications

Part A: Unit I: Communication Skills

November:

Revision for Prelims

Prelims I/Term I

Part B: Unit IV: Work Integrated learning IT-DMA

December:

Part A: Unit I: Communication skills

January:

Revision

February: Term II