

S.H.I.P.S.
[A Premier Institution]

SHREE HANUMAT INTERNATIONAL PUBLIC SCHOOL
(Senior Secondary)

Affiliated to the C.B.S.E., New Delhi, Vide Code No. - 1630686,
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Exploring, Learning & Growing-

Home Assignment-2025-26

(A Thoughtful Mix of Study, Play & Values)

Name : _____

Roll No. _____

Grade – XII HUMANITIES

Note to Parents and Guardians

1. Marks for these assignments will be included in the Terminal Assessment.
2. Kindly encourage your child to complete the work independently. Gentle support is welcome, but let the learning be child-led.
3. You may use loose sheets for tasks requiring extra space or creativity.
4. The Best Assignment of the Year will be awarded and recognized during school events.

Guidelines for a Balanced and Enriching Learning Experience at Home

Dear Parents and Guardians

Thank you for being an essential partner in your child's learning journey. Here are a few tips to make the most of this Home Assignment:

Academics and Term I Preparation

- Encourage a daily routine that includes time for reading, writing and activity-based learning.
- Focus on basic and conceptual skills.
- Revise the concepts covered in class as shared through circulars and communication.
- Prepare gradually for the Term I Exam in September — avoid last-minute stress.
- Create a study corner that's well-lit, quiet, and cheerful.

Play & Creative Time

- Ensure your child gets ample free play, which boosts brain development.
- Engage in art and craft using eco-friendly materials.
- Storytelling, singing rhymes and dancing together create joyful bonds.

Seva & Social Responsibility

- Introduce the child to values of compassion and sharing:
- Visit an old age home or Blind Ashram occasionally. Let the child offer fruits, biscuits or a handmade card.
- Encourage small acts of kindness like donating old toys/clothes.
- Explain the importance of Seva (selfless service) through simple examples.

Family Time & Social Visits

- Plan weekend visits to relatives or grandparents to strengthen family ties.
- Share stories from your own childhood — this builds emotional connection and moral learning.

Stay Connected with Teachers

- Don't hesitate to reach out for academic support or even emotional guidance.
- Teachers are here to help — schedule a brief chat during PTMs or via school communication channels.

Final Tips

- Assignments are meant to be child-led. Offer guidance but let the child explore.
- All submissions will be graded and the Best Assignment of the Year will be rewarded.
- Keep things light — learning should be joyful, not stressful

Let's raise not just a student, but a good human being — one kind act, one thoughtful task at a time.

PROJECT (2025-26)**1. MARKING SCHEME**

- The project consists of 10 MARKS. Out of which, 5 MARKS will be allotted for the PROJECT FILE, And remaining 5 MARKS for the VIVA based on the file.
- The viva will be conducted by the EXTERNAL/INTERNAL EXAMINER.

2. CONTENT OF THE PROJECT FILE:

- The project file may include the following:
- Cover page, with the title of the project, school details and details of the student
- Certificate of Completion under the guidance of the teacher (sample will be sent)
- Objectives of the topic
- Action Plan for the completion of assigned tasks (steps involved in doing the Project)
- The 800-1000 words essay/report
- Student reflections (what new learning experience/outcome you have achieved After completing the project)
- If possible, photographs that capture positive learning experience of the students (collages/pics from various online sources)

List of Resources/Bibliography (Last page of the project file)**INSTRUCTIONS:**

- Refer to the topics (You can also select different videos available on YouTube, relevant to your topic)
- Listen to these podcasts, documentaries, interviews etc. on the given topics
- Do a thorough research on the topic assigned
- Prepare a report/essay in about 800-1000 words describing the topic/issue/giving your own opinion/suggestions/measures/viewpoints/its impact on people/your learning experience
- You can also state the name of various speakers/people (in the given documentaries/video links), quote them and express their viewpoints

The project should be neat, legible, with an emphasis on quality of content, accuracy of information, creative expression, proper sequencing and should be relevant as per your assigned topic

PROJECT TO BE DONE ON A4 SHEET.

No repetition or copying of project work would be accepted.

- Please don't share your work with anyone. If the External examiner points out any repetition or copying of the project, the consequences would be severe.
- No marks will be awarded for a casual approach of completing the project
- There are 15 topics. Topics are distributed Roll-No Wise. Roll no 16 will get topic no 1 and so on...

TOPICS

- 1.Importance of Mother Tongue
2. Language Chauvinism
3. Lost Childhoods
4. Overcoming Fears (Phobia)
5. Transforming Lives Through Kindness and Empathy
6. Gandhian Principles
7. Film City Departments
8. How to conduct an Interview
9. Fantasy World of a Teenager
10. Care of the Elderly
11. Violence Against Women in India
12. Global Warming: Revelations from Arctic and Antarctic Regions
- 13.How to Overcome Disability
14. Education is Empowerment: Fighting Marginalization in Society
- 15.Impact of Technology on Youth

Physical Education

Assignment file on 5 lifestyle diseases (Obesity , Asthma, Diabetes , Hypertension and Arthritis) . Explain the disease , their causes and preventive measures.
Write the procedure and benefits of 2 yoga asanas for each disease.

PUNJABI

1. ਹੇਠ ਲਿਖੇ ਵਿਸ਼ਿਆਂ ਵਿੱਚੋਂ ਕਿਸੇ ਦੋ ਵਿਸ਼ਿਆਂ ਤੇ ਸੁੰਦਰ ਲਿਖਾਈ ਵਿੱਚ ਕਵਿਤਾ ਲਿਖੋ।

- (1) ਪੰਜਾਬੀ ਮਾਂ ਬੋਲੀ
- (2) ਪੰਜਾਬੀ ਸੱਭਿਆਚਾਰ
- (3) ਦੇਸੀ ਮਹੀਨੇ
- (4) ਰੁੱਤਾਂ ਤੇ ਤਿਉਹਾਰ
- (5) ਪੰਜਾਬ ਦੇ ਮੇਲੇ
- (6) ਭੁੱਲ ਰਹੇ ਪੰਜਾਬੀ ਮਾਂ ਬੋਲੀ
- (7) ਅਧਿਆਪਕ
- (8) ਮਾਂ

POLITICAL SCIENCE

1. Revise the following chapters:-

Ch 1 The end of Bipolarity

ch 2 contemporary centers of power

Ch 3 contemporary South Asia

2. Prepare a project on the topics as mentioned below :-

- Maximum pages should be 30.
- Write the project in a very neat handwriting.
- Write the project on the sheets used for science practical file.
- Paste the photographs or draw table, diagram, flow chart etc. on every blank page (on the left side left blank side) related to the content written on the right side page having lines.

Project Topics :-

- | | |
|-------------------------------------------------|--------------------------------------------|
| 1. Disintegration of Soviet Union | ----- Jaspal, Ishita, Jatinder |
| 2. Globalisation | ----- Harshpreet, Sargam , Harman, Sukhraj |
| 3. Challenges of Nation Building | ----- Ishaan, Harpreet, Prachi,Armaan |
| 4. European Union- An alternate centre of power | ----- Gurminder, Ramneek, Lakhwinder |
| 5. United Nations – The world government | ----- Jaskaran, Manraj, Harleen, Aryan |
| 6. ASEAN- An alternate centre of power | ----- Manjinder,Simarpreet,parshotam |
| 7. Environmental concerns | ----- Pushkar, Gurvir, Jasmeet,Gurpinder |

SOCIOLOGY

Learn and write questions answers of L---Pattern of social inequality and social exclusion

Project files--

- 1.The demographic structure of the Indian society ---Aryan, Jasmeet, Gurminder
- 2.Social institutions: Continuity and change -Gurpinder, Harleen,Harman
- 3.Patterns of social inequality and social exclusion -Harshpreet,Ishan, Ishita
- 4.The challenges of cultural diversity -Jaspal,Jatinder,Lakhwinder
- 5.Structural change -Manjinder,Manraj, Parshotam.
- 6.Cultural change-Prachi, Harpreet
- 7.Change and development in rural society -Pushkar, Ramneek, Simarpreet
- 8.Change and development industrial society -Sukhraj,Arman, Jaskaran
- 9.Social movements -Sargam,Gurveer

Project

1. Government budget and its components.
2. Role of RBI in control of credit in India
3. Monetary Policy and functions of monetary policy committee in India
4. Currency War: reasons, and repercussions
5. Exchange Rate determination: methods and techniques

BUSINESS ADMINISTRATION

Practical File -5 Marks

Students to make a power point presentation / assignment / practical file / report. Instructor shall assign them any outlet to study the elements in business administration. Suggested list of Practical –

1. Visit a business enterprise near your home and make a list of all the managerial activities done there. Also list out the different managerial levels and designations in that enterprise.

2. Visit websites of Reliance Jio and Airtel. Make a comparison between their plans. The plans should include Objectives, strategies, policies and programmes.
3. Visit a firm and make a note on the organizational structure adopted by them.
4. Conduct a survey with manufacturing organizations to understand the communication problems they face while interacting with the employees.
5. Visit a firm near your area to understand the financial incentives given by the employer to motivate the employees.
6. List out the leadership traits in five leaders in any area-cricket, politics or business.
7. Write a note on Corporate Social Responsibility with special reference to Companies Act 2013. Write detailed CSR initiatives adopted by companies to Save Water.
8. Conduct a survey to assess customer satisfaction with Online shopping over Offline shopping. This survey can be administered with the people staying in your society.