

S.H.I.P.S.
[A Premier Institution]
SHREE HANUMAT INTERNATIONAL PUBLIC SCHOOL
(Senior Secondary)
Affiliated to the C.B.S.E., New Delhi, Vide Code No. – 1630686,
G.T. ROAD, GORAYA (Distt. Jalandhar)- 144409, Contact – 78376-36615, 99887-03474



“Pathways to Progress”
Curriculum & Home Support Guide
2025-26

GRADE – I

FOREWORD

Dear Parents and Guardians

It gives us great pleasure to present the “Pathways to Progress: Curriculum & Home Support Guide 2025–26”—a thoughtful blend of academic structure and home-based learning support.

This guide has been curated not only to outline the curriculum, examination policies and PTM schedule, but also to strengthen the bridge between school and home. We believe that when educators and parents walk in harmony, every child’s journey becomes more meaningful, confident and joyful.

Within these pages, you will find academic expectations, along with gentle guidance on how to support your child at home—through planned study hours, regular routines, moments of mindfulness and reflections of gratitude. These practices help children not only excel academically but also grow emotionally and socially.

Let us walk this path together—with shared responsibility and a shared vision—to nurture young minds towards a brighter tomorrow.

***“Together, we raise not just
successful students
but confident, kind human beings”.***

PRINCIPAL

EXAMINATION POLICY & SCHEDULE OF PTMs

CLASSES	TENTATIVE SCHEDULE				
Pre-Nur. to UKG		Assessment Cycle 1/ Evaluation Test- 1 September, 01, 2025, Monday PTM-20.09.2025 (Saturday)			Assessment Cycle-2/ Evaluation Test-2 February 17, 2025, Tuesday PTM-17.03.2026 (Tuesday)
I-VIII	Unit Assessment 1 May 12, 2025, Monday (50 Marks) PTM-24.05.2025 (Saturday)	Term I September 02, 2025, Tuesday (80 Marks) PTM-20.09.2025 (Saturday)	Unit Assessment 2 November 17 , 2025, Monday (50 Marks) PTM-29.11.2025 (Saturday)		Term II February 16, 2026, Monday (80 Marks) PTM-17.03.2026/ 18.03.2026 (Tuesday/ Wednesday)
IX	Unit Assessment 1 May 12, 2025, Monday (50 Marks) PTM-24.05.2025 (Saturday)	Term I September 02, 2025, Tuesday (80 Marks) PTM-20.09.2025 (Saturday)	Unit Assessment 2 November 17 , 2025, Monday (50 Marks) PTM-29.11.2025 (Saturday)		Term II February 16, 2026, Monday (80 Marks) PTM-18.03.2026 (Wednesday)
X	Unit Assessment 1 May 12, 2025, Monday (50 Marks) PTM-24.05.2025 (Saturday)	Term I September 02, 2025, Tuesday (80 Marks) PTM-20.09.2025 (Saturday)	Pre-Board 1 (70% Syllabus) November 17, 2025, Monday (80 Marks) PTM-06.12.2025 (Saturday)	Pre-Board 2 (90 % Syllabus) December 15, 2025, Monday (80 Marks) PTM-10.01.2026 (Saturday)	Pre-Board 3 (100% Syllabus) February 02, 2026, Monday (80 Marks) PTM-10.02.2026 (Tuesday)
XI	Unit Assessment 1 May 12, 2025, Monday (50 Marks) PTM-24.05.2025 (Saturday)	Term I September 02, 2025, Tuesday (60- 80 Marks as per CBSE) PTM-20.09.2025 (Saturday)	Unit Assessment 2 November 17 , 2025, Monday (50 Marks) PTM-29.11.2025 (Saturday)		Term II February 16, 2026, Monday (80 Marks) PTM-18.03.2026 (Wednesday)
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Note :

1. Introductory PTM

Kindergarten : 19.04.2025, Saturday
I to XII : 26.04.2025, Saturday

2. Pre-Examination PTM

Term-I : 02.08.2025, Saturday
Term-II : 24.01.2026, Saturday

Guidelines for Supporting Your Child's Learning at Home

To ensure your child develops healthy study habits and maintains a balanced routine, we recommend the following practices:



1. Begin with Mindfulness (10–15 Minutes Daily)

- A short session of deep breathing, gratitude or silent sitting can calm the mind and help your child focus better.
- You may use guided meditation, soft instrumental music or simply quiet reflection.

“मन शांत हो तो विचार भी स्पष्ट होते हैं।”

2. Plan Study Hours Thoughtfully

- Set a fixed time each day for studies, ensuring consistency.
- Break longer sessions into short focused intervals with small breaks (e.g., 40 minutes study + 10 minutes break).
- Prioritize homework, revision and creative reading separately.
- Avoid distractions like TV and phones during study time.



3. Encourage Gratitude Before Bed



- Before the day ends, encourage your child to reflect on 2–3 things they are thankful for.
- This builds emotional strength and a positive mindset.

“हर दिन के अंत में, धन्यवाद कहें उस ज्ञान के लिए जो मिला,
और उन कोशिशों को जो हुईं।”

Course of Study for Grade I

ENGLISH

APRIL

Reading	Starting Blends
Writing	Days of the Week, Months of the Year
Grammar	L-1 Welcome, L-2 Naming words, L-3 Common and Proper noun
Literature	Seasons [The Red Raincoat]

MAY

Reading	Poem- The Rainbow [oral]
Writing	Week's Name, Picture Composition
Grammar	L-4 Gender, L-5 A/ An/ The, L-6 Describing Words
Literature	-----

JULY

Reading-	Diagraphs
Writing-	Numerals, Picture Composition
Grammar-	L-7 One and Many, L-8 This/ That/ Those/ These L9- Personal Pronouns
Literature-	L-2- Rani's First Day at School

AUGUST

Reading	Poem- I Love You, Mum and Dad
Writing	Paragraph - My Pencil, Picture Composition, Unseen passage
Grammar	L-10 am/ is/ are, L-11 There is/ There are, L-12 Possessive Adjectives
Literature	The Blue Jackal

SEPTEMBER

TERM EXAMINATION

UNIT ASSESSMENT-I

Starting Blends, Days of the Week, Months of the Year
L-1- Welcome, L-2- Naming words, L-3- Common and Proper noun
Literature: Seasons [The Red Raincoat]

OCTOBER

Reading	Ending Blends, Oral—We are at the Park
Writing	My Favourite Teacher, Reading comprehension
Grammar	L-13 have/ has got, L-14 Doing Words, L-16 can
Literature	The Parrot and the Fig Tree

NOVEMBER

Reading	POEM—We are at the Park
Writing-	Trigraphs, Picture Composition
Grammar	L-17 Position Words, L-18 Question Words
Literature	L-6 Friendship Land

"When you focus on learning, success naturally follows."

DECEMBER

READING-	POEM--- The Little Plant
WRITING-	My Parents, Reading Comprehension
GRAMMAR-	L-20 Joining Words, L-21 Punctuation
LITERATURE-	The Royal Toothache

JANUARY

REVISION SCHEDULE

FEBRUARY

TERM EXAMINATION

UNIT ASSESSMENT-II

Ending Blends, L-13 have/ has got, L-14 Doing Words, L16- can, My Favourite Teacher,
Literature: The Parrot and the Fig Tree

HINDI

APRIL

स्वर , व्यंजन- बिना मात्रा वाले
दो अक्षर से बने शब्द व वाक्य
तीन अक्षर से बने शब्द व वाक्य
चार अक्षर से बने शब्द व वाक्य

MAY

आ की मात्रा, इ की मात्रा

JULY

ई की मात्रा, उ की मात्रा

व्याकरण:

- अंगों के नाम

AUGUST

ऊ की मात्रा

व्याकरण:

सब्जियों के नाम, फलों के नाम, रंगों के नाम

Oral Poems- Page no- 8, तितली आई फूल पर

Page no- 25, सब एक साथ

REVISION SCHEDULE

UNIT ASSESSMENT-I

- स्वर, व्यंजन,(वर्णमाला)
- दो,तीन, चार, अक्षर से बने शब्द व वाक्य
- आ की मात्रा

"Be brave enough to start, and strong enough to finish."

SEPTEMBER

TERM EXAMINATIONS

OCTOBER

ऋ की मात्रा, ए की मात्रा, ऐ की मात्रा

व्याकरण:

जानवरों के नाम, फलों के नाम

NOVEMBER

ओ की मात्रा, औ की मात्रा

व्याकरण:

गिनती एक (1) से दस (10) तक, वचन बदलो

DECEMBER

अं की मात्रा, अँ की मात्रा

व्याकरण:

लिंग बदलो, विलोम शब्द

JANUARY

अः की मात्रा

व्याकरण:

सप्ताह के दिनों के नाम, मेरा परिचय (रिक्त स्थान में)

Oral poems:

Page no- 33 गिनती की रेल

Page no- 60 बरखा रानी आई रे

REVISION SCHEDULE

FEBRUARY

TERM EXAMINATION

UNIT ASSESSMENT-II

ऋ की मात्रा, ए की मात्रा, ऐ की मात्रा

व्याकरण:

जानवरों के नाम, फलों के नाम

EVS

APRIL

Oral: Ch-1, Myself

Written

Ch-2 My Body, Ch- 3 Our Home

MAY

Ch- 4 Our School

Ch- 6 My Neighbourhood

JULY

Ch- 7, Plants

Ch- 5, Safety, (Oral + Project Based)

"A strong mind is built through daily discipline."

AUGUST

REVISION SCHEDULE

SEPTEMBER

TERM EXAMINATION

UNIT ASSESSMENT-I

Chapter- 2, My Body
Chapter- 3, Our Home

OCTOBER

Written

Ch- 8, Animals
Ch- 9, Food
Ch- 10, Air (Oral)

NOVEMBER

Written

Ch- 11, Water
Ch- 12, Means of Transport

DECEMBER

Written

Ch- 13, Weather and Seasons
Ch- 15, Festivals
Ch- 14, Clothes (Oral + Project Based)

JANUARY

REVISION SCHEDULE

FEBRUARY

TERM EXAMINATION

UNIT ASSESSMENT-II

Chapter-8, Animals
Chapter- 9, Food

MATHS

APRIL

Ch- 1 Smart start, Number Names 0-10
Forward Counting 1-500
Dodging Lines (1- 500)
Tables 2, 3

MAY

Ch- 2 Fun With Numbers Upto 100
Ch- 3, Adding Up
Tables 4, 5, 6
Number Names 11- 30

"Stay curious. Stay hungry. Stay inspired."

JULY

Ch-4, Taking Away

Ch- 5, Shapes and Patterns

Tables 7, Skip counting By 2's, 3's

Number Names 31-50

AUGUST

Ch- 6, Measurement

Number Names 51-100

REVISION SCHEDULE

SEPTEMBER

TERM EXAMINATION

UNIT ASSESSMENT-I

Counting (1-500), Dictation, Tables- 2,3, Number Names 0-10

Ch- 1

OCTOBER

Ch-7, Fun With Numbers Upto 200

Ch-8, Addition and subtraction upto 200

Skip Counting by 4's and 5's

NOVEMBER

Ch- 9, Introduction to Multiplication

Ch- 10, Part and Whole

Table- 8, Forward Counting 501-700

DECEMBER

Ch-11, Time and Money

Tables- 9,10

Skip counting by 6's and 7's

Number Names 101-150

JANUARY

Ch- 12, Data Handling

Forward Counting 701- 1000 + Dictation

Number Names - 151- 200

REVISION SCHEDULE

FEBRUARY

TERM EXAMINATION

UNIT ASSESSMENT-II

Skip Counting by 4's and 5's, Tables 2 to 7, Number names 1 to 100

Ch- 7, Ch- 8

GENERAL KNOWLEDGE

Term I

APRIL

L-1 Our Body, L-2 The world of stories

MAY

L-3 Food, Yummy Food, L- 4 India- My Pride

JULY

L- 5 Up in the sky

Reasoning- 1- Shadow Matching, Pg-20

Reasoning - 2- Matching, Pg-21

AUGUST

L- 6, The Computer Age, L- 7, Festivals are fun

Test Paper- 1 and 2, Pg 53, 54

Term II

OCTOBER

L-8, Life Saving Water, L- 9, Sports World

NOVEMBER

L- 10, Animals Around Us

Reasoning-3- Pattern, pg-37

Reasoning-4- Pattern Pg 38

DECEMBER

L- 11 Music in our Lives

L- 12, On the Road

JANUARY

L- 13 M for Movies

L- 14 Shapes and patterns

Reasoning-5- Odd one out Pg-51

Reasoning- 6- Odd one out Pg- 52

Test Paper - 3 and 4 Pg 55, 56

INFORMATION & COMMUNICATION TECHNOLOGY

APRIL

Chapter1: Magical Machines

Uses of a Computer

MAY

Chapter2: Type and Click

Turning your Computer ON and OFF

Written Assessment–I (15M)

Practical Assessment–I (10M)

“Push yourself, because no one else is going to do it for you.”

JULY

Chapter 3: Fun with Colours

Practical Assessment–II (10M)

AUGUST

Chapter 4: Picture Identification

Written Assessment–II (15M)

OCTOBER

Chapter 5: Play with Blocks

Written Assessment–III (15M)

NOVEMBER:

Chapter 6: Code with Scratch Jr

Practical Assessment–III (10M)

DECEMBER:

Chapter 7: AI World

Written Assessment–IV (15M)

JANUARY:

Chapter 8: Robot my Friend

Practical Assessment–IV (10M)

NOTE: Syllabus for Written and Practical Assessments will be intimated in Classes.

ART

Term I

Pg no. - 1-30

* Art sketch book

- ◇ Shapes
- ◇ Save Ocean Life
- ◇ scenery
- ◇ Any Bird
- ◇ A flower with Butterfly
- ◇ Poster : Save Trees

Term II

Pg no. 31-44

Art sketch book

- ◇ Talking parrot
- ◇ A Boat
- ◇ The Flower And A Butterfly
- ◇ Duck
- ◇ It's my Birthday
- ◇ Poster - Any topic of your choice related entertainment

"What you plant now, you will harvest later—choose wisely."

STUDY HACKS FOR SUCCESS

1. Set Study Goals



Establish clear, achievable goals for each study session

2. Make a Study Schedule



Plan a timetable that includes all subjects and breaks.

3. Organize Your Study



Space

Keep your workspace tidy and free from distractions.

4. Use Effective Study Tools



Simplify topics, use memory tricks and revise with flashcards for better retention.

5. Review Regularly



Go over material frequently to help reinforce knowledge.

6. Pause and Refresh



Rest and recharge with regular breaks during study sessions.

7. Practice Past Exams



Work through previous exam papers to test your ability to succeed.

8. Stay Positive



Keep a positive attitude and believe in your ability to succeed.

"Focus on progress, not perfection."

Partnering for Progress

A Parent's Guide



*When home and school work together,
students shine brighter.*

1. Routine Matters



Set regular wake-up, study and sleep schedules.

2. Smart Screen Time



Set Clear Limits.

No screens during meals or immediately before bed.

3. Foster Independence



Let your child manage their bag, homework and small tasks.

4. Teach Responsibility



Involve them in simple chores.

Let them learn through experience.

5. Talk About School



Ask open-ended questions like,
“What did you learn today?”

6. Stay Connected



Attend PTMs, follow diary notes and school updates.

7. Nurture Reading Habits



Encourage 10-15 minutes of reading daily.

8. Support Emotional Wellness



Talk about feelings.

Encourage play, rest and kindness.

“The future depends on what you do today.”
--Mahatma Gandhi