

S.H.I.P.S.
[A Premier Institution]
SHREE HANUMAT INTERNATIONAL PUBLIC SCHOOL
[Senior Secondary]
Affiliated to the C.B.S.E., New Delhi, Vide Code No. – 1630686,
G.T. ROAD, GORAYA (Distt. Jalandhar)- 144409, Contact – 78376-36615, 99887-03474



“Pathways to Progress”
Curriculum & Home Support Guide
2025-26

GRADE – VII

FOREWORD

Dear Parents and Guardians

It gives us great pleasure to present the “Pathways to Progress: Curriculum & Home Support Guide 2025–26”—a thoughtful blend of academic structure and home-based learning support.

This guide has been curated not only to outline the curriculum, examination policies and PTM schedule, but also to strengthen the bridge between school and home. We believe that when educators and parents walk in harmony, every child’s journey becomes more meaningful, confident and joyful.

Within these pages, you will find academic expectations, along with gentle guidance on how to support your child at home—through planned study hours, regular routines, moments of mindfulness and reflections of gratitude. These practices help children not only excel academically but also grow emotionally and socially.

Let us walk this path together—with shared responsibility and a shared vision—to nurture young minds towards a brighter tomorrow.

***“Together, we raise not just
successful students
but confident, kind human beings”.***

PRINCIPAL

EXAMINATION POLICY & SCHEDULE OF PTMs

Classes	TENTATIVE SCHEDULE				
Pre-Nur. to UKG		Assessment Cycle 1/ Evaluation Test- 1 September, 01, 2025, Monday PTM-20.09.2025 (Saturday)			Assessment Cycle-2/ Evaluation Test-2 February 17, 2025, Tuesday PTM-17.03.2026 (Tuesday)
I-VIII	Unit Assessment 1 May 12, 2025, Monday (50 Marks) PTM-24.05.2025 (Saturday)	Term I September 02, 2025, Tuesday (80 Marks) PTM-20.09.2025 (Saturday)	Unit Assessment 2 November 17, 2025, Monday (50 Marks) PTM-29.11.2025 (Saturday)		Term II February 16, 2026, Monday (80 Marks) PTM-17.03.2026/ 18.03.2026 (Tuesday/ Wednesday)
IX	Unit Assessment 1 May 12, 2025, Monday (50 Marks) PTM-24.05.2025 (Saturday)	Term I September 02, 2025, Tuesday (80 Marks) PTM-20.09.2025 (Saturday)	Unit Assessment 2 November 17, 2025, Monday (50 Marks) PTM-29.11.2025 (Saturday)		Term II February 16, 2026, Monday (80 Marks) PTM-18.03.2026 (Wednesday)
X	Unit Assessment 1 May 12, 2025, Monday (50 Marks) PTM-24.05.2025 (Saturday)	Term I September 02, 2025, Tuesday (80 Marks) PTM-20.09.2025 (Saturday)	Pre-Board 1 (70% Syllabus) November 17, 2025, Monday (80 Marks) PTM-06.12.2025 (Saturday)	Pre-Board 2 (90 % Syllabus) December 15, 2025, Monday (80 Marks) PTM-10.01.2026 (Saturday)	Pre-Board 3 (100% Syllabus) February 02, 2026, Monday (80 Marks) PTM-10.02.2026 (Tuesday)
XI	Unit Assessment 1 May 12, 2025, Monday (50 Marks) PTM-24.05.2025 (Saturday)	Term I September 02, 2025, Tuesday (60- 80 Marks as per CBSE) PTM-20.09.2025 (Saturday)	Unit Assessment 2 November 17, 2025, Monday (50 Marks) PTM-29.11.2025 (Saturday)		Term II February 16, 2026, Monday (80 Marks) PTM-18.03.2026 (Wednesday)
XII	Unit Assessment 1 May 12, 2025, Monday (50 Marks) PTM-24.05.2025 (Saturday)	Term I September 02, 2025, Tuesday (60- 80 Marks as per CBSE) PTM-20.09.2025 (Saturday)	Pre-Board 1 (70% Syllabus) November 17, 2025, Monday (60- 80 Marks as per CBSE) PTM-06.12.2025 (Saturday)	Pre-Board 2 (90 % Syllabus) December 15, 2025, Monday (60- 80 Marks as per CBSE) PTM-10.01.2026 (Saturday)	Pre-Board 3 (100% Syllabus) February 02, 2026, Monday (60- 80 Marks as per CBSE) PTM-10.02.2026 (Tuesday)

Note :

1. Introductory PTM

Pre-Nursery to XII : 26.04.2025, Saturday

2. Pre-Examination PTM

Term-I : 02.08.2025, Saturday

Term-II : 24.01.2026, Saturday

Guidelines for Supporting Your Child's Learning at Home

To ensure your child develops healthy study habits and maintains a balanced routine, we recommend the following practices:



1. Begin with Mindfulness (10–15 Minutes Daily)

- A short session of deep breathing, gratitude or silent sitting can calm the mind and help your child focus better.
- You may use guided meditation, soft instrumental music or simply quiet reflection.

“मन शांत हो तो विचार भी स्पष्ट होते हैं।”

2. Plan Study Hours Thoughtfully

- Set a fixed time each day for studies, ensuring consistency.
- Break longer sessions into short focused intervals with small breaks (e.g., 40 minutes study + 10 minutes break).
- Prioritize homework, revision and creative reading separately.
- Avoid distractions like TV and phones during study time.



3. Encourage Gratitude Before Bed



- Before the day ends, encourage your child to reflect on 2–3 things they are thankful for.
- This builds emotional strength and a positive mindset.

“हर दिन के अंत में, धन्यवाद कहें उस ज्ञान के लिए जो मिला,
और उन कोशिशों को जो हुईं।”

Course of Study for Grade VII

ENGLISH

APRIL

Reading:	Comprehension Passages
Writing:	Notice, Diary Entry
Grammar:	Determiners, Tense(Present)
Literature:	Ch- Three Questions
Poem-	The Squirrel

MAY

Reading:	Classroom Assignment 1-3
Writing:	Informal Letter, Letter to the Editor
Grammar:	Adjectives, Verbs, Sentence Reordering
Literature:	Ch- A gift of Chappals, The Tiny Teacher
Poem:	The Rebel

JULY

Reading:	Classroom Assignment 4-7
Writing:	Story Writing
Grammar:	Adverbs, Tense(Past),,Editing
Literature:	Ch-Gopal and the Hilsa Fish, Bringing up Kari
Poem:	Chivvy

AUGUST

Reading:	Revision
Writing:	Descriptive Paragraph (Person, Place)
Grammar:	Tense(Future)
Literature:	Revision

REVISION SCHEDULE

SEPTEMBER

TERM EXAMINATION

Activities	1.Digital Literacy: Email Writing(Summer Holiday Assignment) 2.Art Integrated: Create a 'Family Tree' using handprints to show the importance of any family member/members
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UNIT ASSESSMENT – I

Comprehension Passage, Notice, Informal Letter, Determiners, Gap Filling, Sentences Reordering three questions, The Squirrel

OCTOBER

Reading:	Practice Assignment 1,2
Writing:	Notice, Letter to the Principal
Grammar:	Modals, Prepositions
Literature:	Ch- Expert Detectives, The Bear Story
Poem:	Mystery of the Talking Fan

NOVEMBER

Reading:	Practice Assignment 3,4
Writing:	Article, Speech
Grammar:	Conjunctions, Voice
Literature:	Ch- The Invention of Vita Wonk
Poem:	Garden Snake

DECEMBER

Reading:	Practice Assignment 5,6
Writing:	Descriptive Paragraph(Object, Event)
Grammar:	Speech
Literature:	Revision
Poem	Meadow Surprises

JANUARY

Reading:	Revision
Writing:	Debate
Grammar:	Revision
Literature:	Revision

Activities

Digital Literacy: Present PPT based on th Ch- A Homage to our Brave Soldiers

REVISION SCHEDULE

FEBRUARY

TERM EXAMINATION

UNIT ASSESSMENT-II

Comprehension Passage, Notice/ Diary, Letter to the Principal, Ch- Expert Detectives, The Bear Story, Poem- Mystery of the Talking Fan, Modals, Prepositions, Conjunctions.

HINDI

APRIL

Literature	हम पंछी उन्मुक्त गगन के
Grammar	पाठ 1 भाषा बोली और व्याकरण पाठ 2 वर्ण/वर्णमाला,अनेक शब्दों के लिए एक शब्द 1 से 15 पर्यायवाची 1 से 18
Writing	अनुच्छेद पुस्तकालय,अनौपचारिक पत्र- अपने चाचा जी को एक पत्र लिखें जिसमें जन्मदिन की भेंट पर धन्यवाद प्रकट किया हो।
Reading	हिमालय की बेटियां (पठित गद्यांश)

May

Literature	मिठाई वालाकठपुतली
Grammar	पाठ 3 संधि,पाठ 4 शब्द विचार, पाठ 5 उपसर्ग, विलोम शब्द सुख से घृणा तक,अनेकार्थी शब्द अर्थ से कोष तक,श्रुतिसंभिन्नार्थक शब्द अनल से वदन तक, अनेक शब्दों के लिए एक शब्द 16 से 31 तक पर्यायवाची शब्द 19 से 37 तक।
Writing	औपचारिक पत्र- अपने स्कूल की मुख्य अध्यापिका जी को भाई बहन के विवाह के कारण अवकाश के लिए प्रार्थना पत्र लिखें। अनुच्छेद- जीवन संग्राम।

Reading	पठित गद्यांश
July	
Literature	पापा खो गए
Grammar	पाठ 7 समास, पाठ 9 संज्ञा, मुहावरे 1 से 13 तक, अनेकार्थी शब्द - कुल से ताल तक।
Writing	अनौपचारिक पत्र - अपनी सखी को अपने जन्मदिन पर आने का निमंत्रण देते हुए एक पत्र लिखें।

AUGUST

Literature	शाम एक किसान
Grammar	पाठ 12 कारक, पाठ 10 लिंग, विलोम शब्द- एकता से अज्ञ तक, पाठ 25 संवाद लेखन।
Writing	औपचारिक पत्र- दैनिक पत्र के संपादक को बढ़ती महंगाई के प्रति चिंता जताते हुए पत्र लिखिए। अनुच्छेद- चरित्र।
Reading	पठित गद्यांश

UNIT ASSESSMENT-I

हम पंछी उन्मुक्त गगन के, भाषा बोली और व्याकरण, औपचारिक पत्र : अपने चाचा जी को एक पत्र लिखें जिसमें जन्मदिन की भेंट पर धन्यवाद प्रकट किया हो, अनेक शब्दों के लिए एक शब्द 1 से 15, पर्यायवाची 1 से 18, विलोम शब्द सुख से घृणा तक, पाठ 9 संज्ञा

OCTOBER

Literature	खानपान की बदलती तस्वीर।
Grammar	पाठ 13 सर्वनाम, पाठ 14 विशेषण, विलोम शब्द- सगुण से कृत्रिम तक।
Writing	अनुच्छेद - वायु प्रदूषण, औपचारिक पत्र- वन महोत्सव पर लगाए गए वृक्ष सूखते लगे हैं इस पर अपने प्रतिक्रिया व्यक्त करते हुए किसी समाचार पत्र के संपादक को पत्र लिखिए। पर्यायवाची शब्द 37 से 54 तक, अनेक शब्दों के लिए एक शब्द 32 से 46 तक
Reading	एक तिनका (काव्यांश)

NOVEMBER

Literature	नीलकंठ, भोर और बरखा।
Grammar	पाठ 15 क्रिया, पाठ 16 काल, पर्यायवाची शब्द 55 से 75 तक, अनेक शब्दों के लिए एक शब्द 47 से 62 तक।
Writing	अनुच्छेद- इंटरनेट की दुनिया, औपचारिक पत्र- अपने क्षेत्र में बढ़ती गंदगी की ओर ध्यान आकृष्ट करते हुए स्वास्थ्य अधिकारी को पत्र लिखें।
Reading	पठित गद्यांश

DECEMBER

Literature	रहीम के दोहे
Grammar	पाठ 18 क्रिया विशेषण, पाठ 20 विराम चिन्ह, पाठ 6 प्रत्यय, विलोम शब्द - रग से विरह तक, श्रुतिसंभिन्नार्थक शब्द - तप से रिक्त तक, अनेकार्थी शब्द तीर से हस्ति तक।
Writing	अनुच्छेद - अनुशासन का महत्व, अनौपचारिक पत्र- मनी ऑर्डर से कुछ रुपए भेजने के लिए अपने पिताजी को पत्र लिखें।
Reading	वीर कुँवर सिंह (पठित गद्यांश)

JANUARY

Literature	Revise previous chapters
Grammar	ਪਾਠ 22 ਕਾਕਯ ਵਿਚਾਰ, ਪਾਠ 12 ਕਚਨ, ਸੁਹਾਕਰੇ 26 ਸੇ 50 ਤਕ।
Writing	ਅਨੁਚਛੇਦ- ਗਲੋਬਲ ਕਾਮਿੰਗ, ਅਨੌਪਚਾਰਿਕ ਪਤਰ - ਛੋਟੇ ਭਾਓਂ ਕੋ ਕੁਸੰਗਤਿ ਸੇ ਦੂਰ ਰਹਨੇ ਕਾ ਪ੍ਰੇਰਣਾ ਪਤਰ ਲਿਖੋ।
Reading	

REVISION SCHEDULE

UNIT ASSESSMENT-II

ਖਾਨ ਪਾਨ ਕੀ ਕਦਲਤੀ ਤਸਵੀਰ, ਸਰਵਨਾਮ, ਅਨੁਚਛੇਦ ਕਾਧੁ ਪ੍ਰਦੂਸ਼ਣ, ਡਿੰਟਰਨੇਟ ਕੀ ਦੁਨਿਆ, ਪਾਠ :ਨੀਲਕੰਠ, ਪਾਠ: ਕ੍ਰਿਯਾ, ਪਾਠ :ਪ੍ਰਤਯਯ, ਕਿਲੋਮ ਸ਼ਬਦ :ਅਲਗ ਸੇ ਕਿਰਹ ਤਕ, ਸ਼੍ਰੁਤਿ ਸੰਮਿਯਨ੍ਥਕ ਸ਼ਬਦ ਰਗ ਸੇ ਰਿਕਤ ਤਕ।

PUNJABI

APRIL

Reading –	ਕਵਿਤਾ ਉਚਾਰਨ ਪਾਠ -1 ਇਹ ਮੇਰਾ ਪੰਜਾਬ
Writing-	ਚਿੱਤਰ ਵਰਨਣ, ਬਿਨੈ ਪੱਤਰ 1,2
Grammar-	ਪਾਠ 1 ਭਾਸ਼ਾ ਅਤੇ ਵਿਆਕਰਨ, ਪਾਠ 2 ਅੱਖਰ ਬੋਧ ਅਤੇ ਲਿਪੀ। ਲਿੰਗ ਬਦਲੇ (ਕੁੱਕੜ ਤੋਂ ਘੁਮਿਆਰ) ਵਚਨ ਬਦਲੇ (ਚਿੜਾ ਤੋਂ ਗੁੱਡਾ ਤੋਂ), ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ (1-15) ਵਿਰੋਧੀ ਸ਼ਬਦ (ਉਜਾਲਾ ਤੋਂ ਖਰਚ) ਅਸੁੱਧ ਸੁੱਧ ਸ਼ਬਦ (ਅਉਖਾ ਤੋਂ ਦਿਹਾਤੀ) ਮੁਹਾਵਰੇ (1-15)
Literature-	ਪਾਠ -2 ਜੰਗਲਾਂ ਦੇ ਲਾਭ(ਲੇਖ), ਪਾਠ -4 ਲਾਇਬ੍ਰੇਰੀ (ਕਵਿਤਾ)

MAY

Reading	ਡਿੱਠਾ ਪੈਰਾ ਪਾਠ 3 ਰਾਣੀ ਸਾਹਿਬ ਕੌਰ
Writing	ਲੇਖ ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ, ਨਿੱਜੀ ਪੱਤਰ 1.
Grammar-	ਪਾਠ 3 ਸ਼ਬਦ ਬੋਧ, ਪਾਠ 4 ਨਾਂਵ ਲਿੰਗ ਬਦਲੇ (ਸੂਬੇਦਾਰ ਤੋਂ ਨਿਰਦੇਸ਼ਕਾ), ਵਚਨ ਬਦਲੇ (ਭੇਲੀ ਤੋਂ ਨਹੂੰਆਂ), ਵਿਰੋਧੀ ਸ਼ਬਦ (ਆਲਸੀ ਤੋਂ ਨਲਾਇਕ), (ਮੈਹਕ ਤੋਂ ਮਹੁਰਾ) ਮੁਹਾਵਰੇ (16 ਤੋਂ 30)
Literature	ਪਾਠ - 5 ਕਾਬਲੀ ਵਾਲਾ(ਕਹਾਣੀ) ਪਾਠ - 6 ਯਾਤਰਾ ਹੇਮਕੁੰਟ ਸਾਹਿਬ (ਬਹੁ ਵਿਕਲਪੀ)

JULY

Reading –	ਪਾਠ -8 ਹੋਲੀ ਦਾ ਗੀਤ (ਕਾਵਿ ਟੁਕੜੀ)
Writing-	ਲੇਖ ਪੰਦਰਾਂ ਅਗਸਤ, ਮਾਂ ਬੋਲੀ ਦਾ ਮਹੱਤਵ, ਬਿਨੈਪੱਤਰ 3, ਨਿੱਜੀ ਪੱਤਰ 2,3
Grammar-	ਪਾਠ 7 ਪੜਨਾਂਵ, ਪਾਠ 8 ਵਿਸ਼ੇਸ਼ਣ ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (1-20), ਮੁਹਾਵਰੇ (31-45), ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ (16-32)
Literature-	ਪਾਠ 7 ਸ਼ਹੀਦ ਉਧਮ ਸਿੰਘ (ਜੀਵਨੀ), ਪਾਠ 9 ਰੁੱਤ ਰੁੱਤ ਦੇ ਰੰਗ (ਕਹਾਣੀ)

AUGUST-

Reading-	ਅਣਡਿੱਠਾ ਪੈਰਾ
Writing-	ਲੇਖ ਮੋਬਾਈਲ ਦਾ ਵਧਦਾ ਰੁਝਾਨ, ਬਿਨੈ ਪੱਤਰ 4 ਨਿੱਜੀ ਪੱਤਰ 4.
Grammar-	ਕਿਰਿਆ ,ਕਾਲ ਲਿੰਗ ਬਦਲੇ (ਲਿਖਾਰੀ ਤੋਂ ਕਸ਼ਮੀਰੀ), ਬਹੁ ਅਰਥਕ ਸ਼ਬਦ (ਉਸਤਾਦ ਤੋਂ ਕਾਲ), ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (21 ਤੋਂ 35) ਅਸੁੱਧ ਸੁੱਧ ਸ਼ਬਦ (ਉਣਾਣਾ ਤੋਂ ਸੰਘਰਸ਼) ਮੁਹਾਵਰੇ (46 ਤੋਂ 60)

Literature- ਪਾਠ -10 ਕੀ ਤੁਸੀਂ ਪੜ੍ਹੇ ਲਿਖੇ ਹੋ? (ਲੇਖ)
ਪਾਠ -11 ਭਾਰਤੀ ਫੁੱਟਬਾਲ ਦਾ ਸਿਤਾਰਾ ਓਲੰਪੀਅਨ ਜਰਨੈਲ ਸਿੰਘ(activity)

REVISION SCHEDULE

SEPTEMBER

TERM EXAMINATION

UNIT ASSESSMENT-I

ਪਾਠ - 2 ਜੰਗਲਾਂ ਦੇ ਲਾਭ, ਪਾਠ 4 ਲਾਇਬ੍ਰੇਰੀ
ਪਾਠ 1 ਭਾਸ਼ਾ ਤੇ ਫ਼ਾਅਕਰਨ, ਪਾਠ 2 ਅੱਖਰ ਬੋਧ ਅਤੇ ਫ਼ਲਪੀ ਫ਼ਲੰਗ ਬਦਲੇ (ਕੁੱਕੜ ਤੋਂ ਘੁਮਾਰ), ਵਚਨ ਬਦਲੇ (ਭੜਾ ਤੋਂ ਗੁੱਡਾ), ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ(1 ਤੋਂ 15)
ਬਿਨੈਪੱਤਰ।

OCTOBER

Reading - ਪਾਠ 12 ਸਮਾਂ ਨਾ ਗੁਆ ਬੇਲੀਆ (ਕਵਿਤਾ ਉਚਾਰਨ), ਪਾਠ 14 ਮਹਾਨ ਧੀਆਂ (ਕਵਿ ਟੁਕੜੀ)
Writing- ਲੇਖ ਰੁੱਖਾਂ ਦੀ ਮਹੱਤਤਾ, ਬਿਨੈ ਪੱਤਰ 5, ਨਿੱਜੀ ਪੱਤਰ 5
Grammar- ਪਾਠ 11 ਕਿਰਿਆ ਵਿਸ਼ੇਸ਼ਣ ਪਾਠ 12 ਸਬੰਧਕ ਅਤੇ ਯੋਜਕ, ਲਿੰਗ ਬਦਲੇ (ਆਰਾ ਤੋਂ ਭੈਣ), ਵਚਨ ਬਦਲੇ(ਆਲੂ ਤੋਂ ਭੋਂ),
ਅਸ਼ੁੱਧ ਸ਼ੁੱਧ ਸ਼ਬਦ (ਅੱਦਾ ਤੋਂ ਜੱਸ), ਮੁਹਾਵਰੇ (61 ਤੋਂ 75)
Literature- ਪਾਠ -13 ਦਲੇਰੀਦੀਮਿਸਾਲਮਾਈਭਾਰੋ (ਜੀਵਨੀ), ਪਾਠ-15 ਫੈਸਲਾ(ਕਹਾਣੀ)

NOVEMBER –

Reading ਡਿੱਠਾ ਪੈਰਾ ਪਾਠ 16 ਦੁਨੀਆਂ ਦੁੱਖਾਂ ਦੀ ਨਗਰੀ ਨਹੀਂ
Writing - ਲੇਖ ਪ੍ਰਦੂਸ਼ਣ ਦੀ ਸਮੱਸਿਆ, ਬਿਨੈਪੱਤਰ 6, ਨਿੱਜੀ ਪੱਤਰ 6
Grammar - ਪਾਠ 13 ਵਿਸਮਿਕ ਪਾਠ 15 ਵਾਕ ਬੋਧ
ਲਿੰਗ ਬਦਲੇ (ਘੜਾ ਤੋਂ ਕਵੀ), ਬਹੁਤ ਹੀ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ (33-46) ਮੁਹਾਵਰੇ (76-90), ਸਮਾਨਾਰਥਕ
(36-50) ਵਿਰੋਧੀ ਸ਼ਬਦ (ਕਾਲਾ ਤੋਂ ਚੇਤ)
Literature - ਪਾਠ 17 ਰੁੱਖ (ਕਵਿਤਾ), ਪਾਠ 18- ਜਦੋਂ ਦੰਦ ਬੋਲ ਪਿਆ (ਕਹਾਣੀ)

DECEMBER-

Reading ਪਾਠ -19 ਸ਼ਹੀਦਬਾਬਾਦੀਪਸਿੰਘਜੀਵਨੀ (ਬਹੁਵਿਕਲਪੀ),
Writing- ਲੇਖਵਿਦਿਆਰਥੀਅਤੇਅਨੁਸ਼ਾਸਨ, ਬਿਨੈਪੱਤਰ 7, ਨਿੱਜੀਪੱਤਰ 7.
Grammar- ਵਿਸਰਾਮ ਚਿੰਨ੍ਹ, ਵਚਨ ਬਦਲੇ (ਲਾ ਤੋਂ ਤੁਹਾਡਾ), ਪਿਛੇਤਰ, ਬਹੁ ਅਰਥਕ ਖੱਟੀ ਤੋਂ ਨੱਥ ਸੁਧ ਅਸ਼ੁੱਧ ਸ਼ਬਦ (ਆਪਨਾ ਤੋਂ
ਕਾਨੂੰਨ) ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (51-70), ਮੁਹਾਵਰੇ (91 ਤੋਂ 105)
Literature- ਪਾਠ -20 ਕੌਣ ਕਦੋਂ ਰੁਕਿਆ ਹੈ (ਕਵਿਤਾ), ਪਾਠ 22 ਗ਼ਰੀਬ ਨਵਾਜ਼ (ਇਕਾਂਗੀ)

JANUARY

REVISION SCHEDULE

FEBRUARY

TERM EXAMINATION

UNIT ASSESSMENT-II

ਪਾਠਪੁਸਤਕ- ਪਾਠ 13, ਪਾਠ 15
ਫ਼ਾਅਕਰਨ- ਫ਼ਲੰਗ ਬਦਲੇ (ਆਰਾ ਤੋਂ ਭੈਣ) ਸ਼ੁੱਧ ਅਸ਼ੁੱਧ (ਅੱਦਾ ਤੋਂ ਜੱਸ) ਮੁਹਾਵਰੇ 61 ਤੋਂ 75, ਲੇਖ

MATHEMATICS

APRIL

Chapter 1 Integers
Chapter 2 Fractions

MAY

Chapter 3 Decimals
Chapter 4 Data Handling

JULY

Chapter 5 Simple Equations
Chapter 6 Lines and Angles
Chapter 7 The triangle and its properties

AUGUST

REVISION SCHEDULE

SEPTEMBER

TERM EXAMINATION

UNIT ASSESSMENT – I

Chapter 1
Chapter 2
Chapter 3

OCTOBER

Chapter 8 Comparing Quantities
Chapter 9 Rational Numbers
Chapter 10 Operation on rational numbers

NOVEMBER

Chapter 11 Perimeter and Area
Chapter 12 Algebraic Expressions

DECEMBER

Chapter 13 Exponents and Powers
Chapter 14 Symmetry
Chapter 15 Visualising Solid Shapes

JANUARY

REVISION SCHEDULE

FEBRUARY

TERM EXAMINATION

UNIT ASSESSMENT-II

Chapter 8
Chapter 9
Chapter 10

SCIENCE

APRIL

L-1 Nutrition in Plants
L- 3 Heat and it's effects

MAY

L-4 Acids, Bases and Salts
L- 2 Nutrition in Animals

JULY

L- 5 Physical and Chemical Changes
L- 9 Time and Motion
L-7 Transportation in Animals

AUGUST

REVISION SCHEDULE

SEPTEMBER

L-12 Forest: Our lifeline

TERM EXAMINATION

UNIT ASSESSMENT – I

L-1 Nutrition in plants
L- 3 Heat and it's effects

OCTOBER

L- 11 Light

NOVEMBER

L-10 Electric current and it's effects
L-8 Reproduction in plants

DECEMBER

L-6 Respiration in Organisms
L- 13 Waste water story

JANUARY

REVISION SCHEDULE

FEBRUARY

TERM EXAMINATION

UNIT ASSESSMENT-II

L-12 Forest : our lifeline

L-11 Light

L - 10 Electric current and it's effects

Term-1 (Activities and Projects)

APRIL

(Activity no. 1): To show that chlorophyll is necessary for photosynthesis.

(Activity no. 2) To demonstrate that transpiration occurs through leaves.

MAY

(Activity no. 3): To study a neutralization reaction.

JULY

(Activity no.4): To determine the time period of a pendulum

(Activity no.5): To show that burning of magnesium metal is a chemical change.

Term-2 (Activities and Projects)

OCTOBER

(Activity no 1) :- light gets reflected from a plane mirror.

NOVEMBER

(Activity no 2) : To show that electric current flows in a closed circuit and stops in an open circuit.

DECEMBER

(Activity no. 3) : To study variations in breathing rate during different activities.

SOCIAL SCIENCE

APRIL

Chapter-1 Environment (Geo.)

Chapter-2 Tracing changes through a thousand years (His)

Chapter-3 On Equality (Civics)

Activities:-1. Examine your local surrounding and list out the impact of men on the environment. Also make a list of the environment problems in your area make a chart showing these aspects

MAY

Ch- 4. Inside the earth (Geo)

Ch-Delhi 12th to 15 century, (His)

Activity:-1. Kings and Kingdoms (PPT)

JULY

Ch6.Role of government in Health (civics)

Ch-7Our changing Earth(geo)

Activities:- Prepare a chart showing the endogenic and exogenic forces

AUGUST

Ch- 8 The Mughals (His)

Ch-9 How the state government works(civics)

Activities:- Organise a group discussion in the classon “ how people discriminate on the basis of gender”.

REVISION SCHEDULE

SEPTEMBER

TERM EXAMINATION

UNIT ASSESSMENT – I

Ch-1 Environment (Full)

Ch_2 Tracing changes Through a thousand years (Only Keywords + Brief Q/A)

Ch-3 on equality (Full)

OCTOBER

Ch-1 Tribes, nomadas and settled communities (His)

Ch-2 Women change the world

Activities:- The making of Regional cultures (chart)

Ch-3 Air

Activities:-

NOVEMBER

Ch-4 Water(Geo)

Ch-5Devotional paths to the divine (His)

Ch-6 Understanding media (civics)

Activities - Human environment interaction - The tropical and the subtropical regions (PPT)

DECEMBER

Ch-7 Life in the desert (Geo)

Ch-8Eighteenth century political formations

JANUARY

Markets around us(Civics)

REVISION SCHEDULE

FEBRUARY

TERM EXAMINATION

UNIT ASSESSMENT – II

Ch-1 Air

Ch-2 women change the world

Ch-3 Devotional paths to the divine

GENERAL KNOWLEDGE

APRIL

Ch-1: Brave Hearts

Ch-2: Blooming Flowers

Ch-3: New Career Options

MAY

Ch-4: Past and Present

JULY

Ch-5 The Asian Games

Ch-6 : Market Language

AUGUST

Ch-7: Explore the World

Ch-8: Ambassadors of Peace

REVISION SCHEDULE

SEPTEMBER

Ch-9: Women Pioneers

TERM EXAMINATION

OCTOBER

Ch-10: The Seven Sisters of India

Ch-11 : Sports Era

NOVEMBER

Ch-12 The Government

DECEMBER

Ch-13: Books and Authors

Ch-14 : Marvels of Science

JANUARY

Ch-15: Train Travels

Ch- 16 : Stone Architecture

REVISION SCHEDULE

FEBRUARY

TERM EXAMINATION

INFORMATION & COMMUNICATION TECHNOLOGY

APRIL:

Chapter 1: Basics of Excel
Computer Languages and Translators
Chapter 9: World of Robots

MAY

Chapter 3: Design Thinking and Innovation
Written Assessment – II (15 M)
(Basics of Excel and World of Robots)
Practical Assessment – I (10M)
(Basics of Excel)

JULY:

Chapter 4: Getting Started with EduBlocks

AUGUST:

Chapter 5: Flow of Control in EduBlocks
Written Assessment – II (15 M)
(Getting started with EduBlocks, Design Thinking and Innovation)
Practical Assessment – I (10M)
(Flow of Control in EduBlocks)

OCTOBER:

Chapter 6: Turtle in EduBlocks
Chapter 7: The Amazing World of AI
Practical Assessment – I (10M)
(Turtle in EduBlocks)

NOVEMBER: Chapter 8: Data Science in Action

Written Assessment –III (15M)
(Turtle in EduBlocks and The Amazing World of AI)

DECEMBER: Chapter 2: Designing in Canva

Practical Assessment – I (10M)
(Designing in Canva)

JANUARY: Chapter 10: Inside a Robot

Written Assessment –IV (15M)
(Designing in Canva and Inside a Robot)

ART

* April - May ~ ◇Pencil stroke and texture with different pencils (10-13)

* July - August ~ ◇Nature Study (14-18)

◇ Animal and Bird Study (19-27)

Still Life (29-31)

◇ Landscape (33-39)

Pg no. (42)

* September ~

◇ Parts of face and portrait

Pg no. (43-50)

• October ~

Silhouette Painting (54-55)

Composition (56-64)

* November ~

Activity work~

1. Best out of waste

2. Pot painting

STUDY HACKS FOR SUCCESS

1. Set Study Goals



Establish clear, achievable goals for each study session

2. Make a Study Schedule



Plan a timetable that includes all subjects and breaks.

3. Organize Your Study



Space

Keep your workspace tidy and free from distractions.

4. Use Effective Study Tools



Simplify topics, use memory tricks and revise with flashcards for better retention.

5. Review Regularly



Go over material frequently to help reinforce knowledge.

6. Pause and Refresh



Rest and recharge with regular breaks during study sessions.

7. Practice Past Exams



Work through previous exam papers to test your ability to succeed.

8. Stay Positive



Keep a positive attitude and believe in your ability to succeed.

"Focus on progress, not perfection."

Partnering for Progress

A Parent's Guide



*When home and school work together,
students shine brighter.*

1. Routine Matters



Set regular wake-up, study and sleep schedules.

2. Smart Screen Time



Set Clear Limits.

No screens during meals or immediately before bed.

3. Foster Independence



Let your child manage their bag, homework and small tasks.

4. Teach Responsibility



Involve them in simple chores.

Let them learn through experience.

5. Talk About School



Ask open-ended questions like, "What did you learn today?"

6. Stay Connected



Attend PTMs, follow diary notes and school updates.

7. Nurture Reading Habits



Encourage 10-15 minutes of reading daily.

8. Support Emotional Wellness



Talk about feelings.

Encourage play, rest and kindness.

"The future depends on what you do today."

--Mahatma Gandhi